

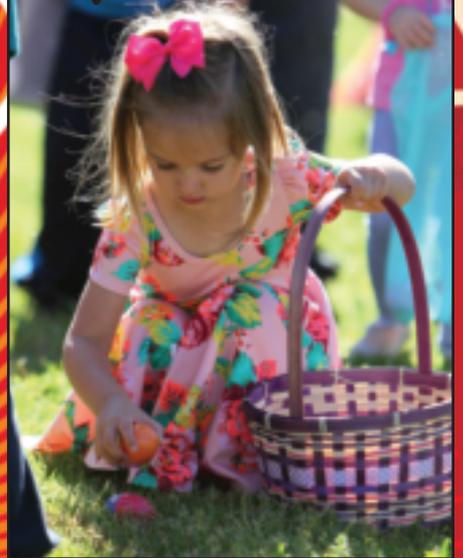
THE CITIES OF ARROYO GRANDE, GROVER BEACH, AND PISMO BEACH **ACTIVITY GUIDE** WINTER/SPRING 2017

**Father/Daughter Dance
in Pismo Beach**



**Mother/Son Dinner
Dance in Grover Beach**

**Easter Egg Hunt in
Arroyo Grande**



**Father/Daughter Dance
in Arroyo Grande**



**Beach Volleyball in
Pismo Beach**

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ARROYO GRANDE RECREATION SERVICES:

1221 Ash Street, Arroyo Grande 93420
www.arroyogrande.org
(805) 473-5474 Fax (805) 473-5479 Pages

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GROVER BEACH PARKS & RECREATION:

154 S. 8th Street, Grover Beach 93433
www.grover.org
(805) 473-4580 Fax (805) 489-9657 Pages

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PISMO BEACH RECREATION DIVISION:

760 Mattie Road, Pismo Beach 93449
www.pismo beach.org
(805) 773-7063 Fax (805) 773-4684 Pages

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GENERAL REFERENCE

BASEBALL: (Feb - June)
 A.G. Little League www.agvll.com or 489-9308
 A.G. Babe Ruth www.eteamz.com/ArroyoGrandeBabeRuth
 Five Cities Youth Baseball www.fivecitiesyouthbaseball.com

BASKETBALL: (Nov - April)
 Five Cities Youth Basketball 473-5474
 Adult Basketball - John Rogers 473-5478

FOOTBALL: (Aug - Nov)
 5 Cities Youth Football & Cheer www.5cyfl.com
 Five Cities Flag Football www.5citiesflag.com

ROLLER HOCKEY: (Mar - Dec)
 YMCA 543-8235

SKATE PARK:
 YMCA-South County Skate Park 543-8235

SOCCER: (Aug - Nov)
 AYSO www.5cities-ayso.com
 Central Coast Soccer League
 CYSA/Condors www.ccecondors.org
 Women’s Soccer - Shannon Bowman 934-4662
 Co-ed Adult Hot Line 546-1376
 Men’s Soccer 440-3148
 Kidz Love Soccer Hotline 1-888-372-5803

SOFTBALL: (Youth: Mar - May/Adult: Mar - Aug)
 Girl’s Softball (& T-ball) www.5cgs.com
 Adult Softball - John Rogers 473-5478

SWIMMING:
 Five Cities Swim School - Jeff Purchin 481-6399
 Lucia Mar Summer Swim 474-3000

TENNIS:
 5- Cities Tennis Assoc. FiveCitiesTennis@charter.net
 Lenny De Los Santos - lessons 286-0468
 Central Coast Women’s League www.ccwtl.org

VOLLEYBALL
 Beach Volleyball - Ernie Santa Cruz 481-8334
 United States Youth Volleyball League 1-888-988-7985
 -or- www.usyvl.org (held @ Elm Street Park, AG)

WRESTLING: (Feb - May)
 Youth Wrestling - John Rogers 473-5478

LOCAL RECREATION AREAS:
 Biddle Park, Nipomo Park and Oceano Park 781-5930
 Lopez Lake Information 788-2381
 Mustang Waterslides 489-8898
 California State Parks/Oceano Dunes 773-7170
 Oceano Campground 473-7220
 North Beach Campground 773-7170
 Avila Hot Springs Pool & RV Resort 595-2359

CITY OF ARROYO GRANDE

CITY COUNCIL

JIM HILL - MAYOR
KRISTEN BARNEICH - MAYOR PRO TEM
CAREN RAY - COUNCIL MEMBER
TIM BROWN - COUNCIL MEMBER
BARBARA HARMON - COUNCIL MEMBER

Council meets the 2nd and 4th Tuesday of each month at 6:00 p.m., City Council Chambers, 215 E. Branch Street.

PARKS AND RECREATION COMMISSION

GREG KING - CHAIR
SHAWN BLETHEN - VICE CHAIR
LINDA SANDY- COMMISSIONER
JEN JENSEN- COMMISSIONER
WILL REICHARDT - COMMISSIONER

Commission meets the 2nd Wednesday of each month at 6:30 p.m., City Council Chambers, 215 E. Branch Street.

STAFF CONTACTS

JOHN ROGERS 473-5478
Director of Recreation Services e-mail: jrogers@arroyogrande.org
Administration, Sports, Facilities & Soto Sports Complex

BRENDA BARROW 473-5476
Recreation Supervisor e-mail: bbarrow@arroyogrande.org
Pre-school, Playground programs, Special Events and
Community Garden

CARRIE VAN BEVEREN 473-5472
Recreation Coordinator e-mail: cvanbeveren@arroyogrande.org
Children In Motion Before & After School Child Care Program,
and Reservations for Woman's Club Community Center

SHERIDAN BOHLKEN 473-5473
Volunteer and Program Coordinator e-mail: sbohlken@arroyogrande.org
Volunteer Program and Recreation Classes

JILL FITZGERALD 473-5477
Administrative Secretary e-mail: jfitzgerald@arroyogrande.org
Program Registration, Activity Guide Advertising and
Group Barbecue Sites

KELSEY HURST 473-5475
Office Assistant e-mail: khurst@arroyogrande.org
Program Registration and Group Barbecue Sites

RECREATION SERVICES OFFICE AND COMMUNITY CENTERS

RECREATION SERVICES DEPARTMENT AND CHILD CARE CENTER OFFICE - Located at 1221 Ash Street at Elm Street Park and next to the tennis courts. Here you can sign up for classes and programs, pick up schedules, and reserve park areas or sports facilities. This is also the location of our Play and Learn Preschool, Kindergartners in Training (KIT) class, and Kindergarten Child Care program.

THE CITY OF ARROYO GRANDE AND WOMAN'S CLUB COMMUNITY CENTER - The City of Arroyo Grande and Woman's Club Community Center, at 211 Vernon Street, is used by the Recreation Services Department for various programs, classes, and special events and available for rent by nonprofit groups, private individuals and commercial enterprises. The facility has two medium sized rooms or one large room, a kitchen, and a covered outdoor barbeque area. The capacity for this facility is 225 persons. For reservation information, contact Carrie Van Beveren at 473-5472.

ELM STREET COMMUNITY CENTER - This building is located at Elm Street Park, 1221 Ash Street, and is also the location of the Arroyo Grande Recreation Services Office. The community center has one large room and one small classroom available for classes or meetings during weekends and evenings. For more information, call Carrie Van Beveren at 473-5472.

SPORTS FACILITIES

THE SOTO SPORTS COMPLEX is located at 1275 Ash Street near Elm Street Park. The area offers five lighted tennis courts, two Little League fields, one lighted Babe Ruth field, and four lighted softball fields. The fields are converted for soccer and football use in the fall.

Arrangements can be made for private groups to rent the facilities when they are available. For more information, call the Arroyo Grande Recreation Services office at 473-5474. Fees vary according to use and whether or not field preparation or lights are needed.

FIVE CITIES TENNIS ASSOCIATION - Become a member of a socially and physically invigorating tennis-playing group. The Five Cities Tennis Association offers tennis on the Central Coast for only a \$25.00 annual membership fee. Keys also available for night light (\$25). For more information, please contact the Five Cities Tennis Association by email at fivestiestennis@charter.net or go to our website at www.fivestiestennis.com. For those who do not have computer access, please call Ron Pellegrini at 474-4756.

SENIOR PROGRAMS

CENTRAL COAST SENIOR CENTER - The Central Coast Senior Center is located at 1580 Railroad St. Oceano, 93445. For more information, call 481-7886.

THE SOUTH COUNTY SENIORS - The South County Seniors meet at the City of Arroyo Grande and Woman's Club Community Center, 211 Vernon Street, each Tuesday, 11:00 am - 2:00 pm. For additional information, call President Avelino Lampitoc at 481-9220.

SENIOR TRANSPORTATION - In an effort to provide transportation for senior and disabled residents in the Five Cities area, and to replace the subsidized taxi service, a transportation option has been added. The service is designed to pick up senior and disabled passengers at their homes and deliver them to their destinations. For more information, or to schedule a reservation, please call 541-8747. It is best to call 3-4 business days ahead for a reservation. Late requests will be added if space is available.

SENIOR RECREATIONAL POOL PLAYING AND INSTRUCTION - Members meet in the Jaycee Room at the Soto Sports Complex on Ash Street, Mondays 9:00 am - 12:00 pm; Tuesdays 1:00 pm - 4:00 pm; Wednesdays 1:00 pm - 4:00 pm; Thursdays 1:00 pm - 4:00 pm; Fridays 9:00 am - 12:00 pm. Membership in the South County Seniors is required (age 50 and up - \$7.00 per year). For more information or to sign up, call Jack Hofstetter at 773-0736.

HARVEST BAG - PROGRAM OF THE FOOD BANK COALITION - A non-profit charitable organization whose mission is to eliminate hunger in San Luis Obispo County. Distribution is at the Soto Sports Complex, 1275 Ash Street, Arroyo Grande, on Wednesdays at 7:30 am. No one is turned away. The magic words are "I am hungry." Call 481-4652 for more information.

LANDMARK TREE PROGRAM

The City of Arroyo Grande has a voluntary Landmark Tree Program that allows residents to recommend notable horticultural specimens and trees on their property that have cultural or historical value to our community. Please contact the Public Works Department at 473-5485 to arrange for a department representative to further discuss Landmark status for your tree.

ARROYO GRANDE IN BLOOM

Arroyo Grande In Bloom is a non-profit volunteer organization dedicated to the beautification of Arroyo Grande. They plant flowers and trees, do litter and brush removal, maintain natural resources and so much more. Projects are tailored towards all ages, abilities and talents and all members of the community are encouraged to get involved.

Community efforts include:

- Planting and maintaining floral displays throughout the city
- Landscaping and landscape design in public areas
- Urban Forestry programs for our city streets, parks and schools
- Local Heritage recognition and development
- Tidiness and trash collection efforts
- Environmental resources management
- Turf and groundcover maintenance
- Community Involvement

Thanks to the efforts of the community and the exceptional support of city government and staff, Arroyo Grande in Bloom has received numerous awards and high acclaim for its beautification efforts. They plant pride in the community by helping to provide a beautiful, safe and enjoyable city.

You too can plant pride in our community by getting involved! Arroyo Grande in Bloom is always interested in welcoming new volunteers to help in the quest of making our community better for all of our residents. Arroyo Grande In Bloom can be reached at info@arroyograndeinbloom.org, (805) 473-2250, or P.O. Box 1526, Arroyo Grande, CA 93421.

TREE GUILD OF ARROYO GRANDE

The Tree Guild was founded in July of 2005 when a like-minded group of citizens came together to help maintain and improve the volume and quality of the City's trees through education and outreach. Currently the Tree Guild has 90 members and has planted over 350 trees in the City.

Healthy urban forests clean our air and water, save energy through cooling shade, raise property values, increase business profits and rekindle neighborhood pride. They provide places for children to play and provide homes and food for wildlife. Our community's trees have a lot to offer. When selected, planted and cared for properly, trees can improve the quality of life for decades to come.

For more information, go to www.treeguild.org or contact Kristen Barneich, Founder/President, at kristen@treeguild.org.

PARKS CAN BE RESERVED ONLINE AT WWW.ARROYOGRANDE.ORG/FACILITIES

STROTHER COMMUNITY PARK - 1150 Huasna Road (Pearwood and Huasna). Two play structures are available with one play structure for pre-schoolers and the other for elementary ages. Situated along the bank of the Arroyo Grande Creek, the park is ideal for reunions, company picnics, birthday parties, and barbecues. Three large barbecue areas are available by reservation. Other amenities include horseshoe pits, a softball area, a day-use basketball court, and grass volleyball court.

- ◆ Large group barbecue areas #1 and #3: holds up to 40 people. Use fee: \$40 each +\$30 security deposit.
- ◆ Large group barbecue area #2: holds up to 80 people. Use fee: \$75 +\$30 security deposit.
- ◆ Small group pedestal barbecue areas with single table: Available on a first-come, first-served basis.

ELM STREET PARK - 1221 Ash Street. The park is located next to the Soto Sports Complex. There is a ship-themed playground and equipment for all ages.

- ◆ Large group barbecue area holds up to 100 people- Use fee: \$75 +\$30 security deposit.
- ◆ Small group pedestal barbecue areas with single table: available on a first-come, first-served basis.

RANCHO GRANDE PARK - 500 James Way (between Rancho Parkway and Rodeo Drive). Rancho Grande Park includes two play structures, a basketball court, a volleyball court, horseshoe pits and beautiful open green spaces.

- ◆ Large group barbecue area #1: holds up to 60 people. Use fee: \$75 + \$30 security deposit
- ◆ Small group barbecue areas #2 and #3: hold up to 30 people. Use fee: \$40 + \$30 security deposit
- ◆ Small group pedestal barbecue area with single table: available on a first-come, first-served basis.

HEALTH FITNESS PARK - 834 Fair Oaks Avenue (between the creek and "Walnut Grove" homes). There are exercise stations and a heart check for your use along with jogging trails.

HOWARD MANKINS HOOSEGOW PARK - 150 LePoint Street. This mini-park overlooks the Arroyo Grande Village and contains the old City Jail built around 1910. The park was recently renovated in 2015.

KIWANIS PARK - 100 Olohan Alley. This park is adjacent to the Arroyo Grande Creek and is situated below the parking lot behind Ira's Bike Shop. The park is a peaceful spot for a picnic after a stroll through the quaint Village area.

TERRA DE ORO PARK - 311 Oro Drive. This is a small neighborhood park with play equipment available for children. There is no restroom at this facility.

KINGO PARK - 1501 Huckleberry Avenue. Kingo Park is located in the Berry Gardens residential development. This "pocket park" has a small tot play structure, picnic tables and barbecue grills.

CENTENNIAL PARK AND GAZEBO - This facility is located at Olohan Alley and Short Street. The area is suited for a creekside picnic or small afternoon wedding ceremony. Many tourists and locals enjoy the spot at lunch time each day. The historical Swinging Bridge that spans across the Arroyo Grande Creek is located here and is open for foot traffic. On most Saturdays, you will find a Farmers' Market and special music at the park from 11:30 a.m. - 2:30 p.m.

HART-COLLETT MEMORIAL PARK - 201 Traffic Way at Bridge Street. The park was dedicated in memory of Harry Hart and Robert "Bob" Collett who were both long-time firemen for the Arroyo Grande Fire Department. Just a short walk from the Arroyo Grande Village, the park has tables and benches for picnics or just to enjoy the colorful flower beds and trees.

PARKSIDE PARK - 401 N. Bakeman Lane (off Farroll Road). Amenities include a playground, picnic table, a half-court basketball court and a drinking fountain.

COMMUNITY GARDEN - Love to garden but don't have the space to cultivate that green thumb? Garden plots are available on a first-come, first-served basis next to the Elm Street Community Center, 1221 Ash Street. Plots are available (15' x 15') to rent for \$18 per six-month period. For more information call 473-5476.

HERITAGE SQUARE PARK & ROTARY BANDSTAND - This beautiful Bandstand, located at Heritage Square Park, 205 Nelson Street (Nelson and Short Streets), was donated to the City of Arroyo Grande by the Rotary Club of Arroyo Grande. This facility is used throughout the year for community events and is available for rent by private groups on a limited basis.

ELM STREET OFF-LEASH DOG PARK - Located at Elm Street Park, this is the only off-leash dog park in the Five Cities area and is open from 8am until dusk every day.

JAMES WAY OAK HABITAT AND WILDLIFE PRESERVE - This area is located on James Way and has equestrian, mountain biking and jogging/walking trails for your use. The habitat is an oak preserve and winds along a hillside through majestic old oaks. Wildlife such as birds of prey, deer, fox, bobcats, and rabbits are found in this unique natural area.

REGISTER ONLINE
@
www.arroyogrande.org
 For More Information Call 805-473-5474

WALK-IN/MAIL-IN
REGISTRATION:
 City of Arroyo Grande
 Recreation Services
 1221 Ash Street
 Arroyo Grande, CA 93420

ARROYO GRANDE RECREATION SERVICES DEPARTMENT
REGISTRATION FORM AND WAIVER

Use this form for classes/activities sponsored by the City of Arroyo Grande
 MAIL-IN: 1221 Ash Street, Arroyo Grande, CA 93420
 DROP-OFF: Mon. - Thurs., 9:00a.m. - 5:00p.m. & Fri. 9:00a.m. - 2:00p.m.
Make check payable to: "City of Arroyo Grande"

(Adult/Parent) First Name _____ Last Name _____

Address _____ City _____ Zip Code _____

Phone # - Home/Cell _____ E-Mail Address _____

Emergency Contact Name _____ Phone # _____

	ACTIVITY	MONTH / SESSION	PARTICIPANT'S NAME	DATE OF BIRTH	MALE OR FEMALE	FEE
1						
2						
3						
4						
5						
TOTAL FEE						

****ALL PARTICIPANTS MUST SIGN WAIVER RELEASE****

In consideration of being permitted to take part in the activity, or utilize the facility or service set forth herein, I expressly agree as follows:

I hereby acknowledge that the activity set forth herein contains dangers and risks and may result in injury to the participant. I hereby assume all risks of personal injury, death, and property damage from any causes whatsoever arising while my child, or I, are participating in such activity. I, or my child, are in good health and physically able to participate in such activity. I agree to unconditionally waive and release the City of Arroyo Grande, their officers and employees, agents, servants, and all representatives and sponsors from any injury that I or my child may sustain, or any damage that may be caused to my or my child's property, in connection with said activities or use of such facilities or services, including injuries sustained or property damage caused by any use of equipment I may rent from the City of Arroyo Grande, their officers, agents, servants, or sponsors.

I acknowledge that no medical coverage is provided for my, or my child's, participation in the above activity with the City of Arroyo Grande.

I acknowledge participants may be photographed while utilizing the facility, services, or participating in a City of Arroyo Grande program and that said photographs, or likeness of me, may be used to publicize activities as the City deems appropriate.

Signature of Participant (or Parent/Guardian if participant is under 18 years of age) _____ Date _____

GENERAL REFUND POLICY

Unless otherwise noted in the class description, refunds requested less than 5 business days before activity begins will be processed less \$10.00 service charge. No refund if request is received after activity has begun.

YOUTH PROGRAMS AND CLASSES

PLAY AND LEARN PRESCHOOL

This program for 3 – 5 year old children provides a relaxing and enjoyable learning experience. Children are introduced to colors, numbers, letters, reading readiness, verbal skills, socialization, music and nature. *Call 473-5476 for space availability.*

Monday, Wednesday, Friday - Morning

Date: January 9, 2017 - May 26, 2017
Time: 9:00 a.m. - 12:00 p.m.
Location: Elm Street Community Center
Instructors: Austria Ryken, Stephanie Marin,
Lynne Savery
Fee: \$15 registration
\$151.20 per four-week session

Tuesday, Thursday - Morning or Afternoon

Date: January 10, 2017- May 25, 2017
Times: 9:00 a.m.- 12:00 p.m. or 12:30 p.m.- 3:30 p.m.
Location: Elm Street Community Center
Instructors: Cathy Mallory, Stephanie Marin, and Ady Frausto
\$15 registration
\$100.80 per four-week session

PYJAMA DRAMA

A Pyjama Drama class takes children on exciting adventures where their imagination has the starring role. In each session they pretend, play drama games, sing, dance and have lots and lots of fun! One week they might travel to outer space with an alien friend, the next rescue a puppy from the top of a mountain, and the week after take care of a crying baby. All the while they develop key skills such as concentration, communication, cooperation and creative thinking. Sing, dance, pretend and play... where will our imaginations take us today?

Dates: Tuesdays,
Session 1: January 10-March 28, 2017
Session 2: April 4-June 6, 2017
Times: **Dewdrops:** 11:00 a.m.-11:30 a.m.
Raindrops and Rainbows: 10:15-10:55 a.m.
or 3:15 - 3:55 p.m.
Sunbeams: 4:00-5:00 p.m.
Location: Pacific Christian Center
207 Pilgrim Way, Arroyo Grande
Fee: \$158 for 12 wks.; \$119 for 9wks.
siblings receive 15% discount
3-week class trial for \$30
*may be applied towards full tuition.

Dewdrops: (Ages 6 months - 24 months) Our youngest class, is for babies and toddlers just beginning to explore the world around them, starting with their parent/caregiver!

Raindrops & Rainbows: (Ages 2-5) For those older toddlers who are starting to discover the amazing world that is their imagination and preschool children who are becoming increasingly independent and whose imaginations are blossoming.

Sunbeams: (Ages 5-8) Older children who are able to work with more independence and take their dramatic understanding to the next level (parent drop-off).

KINDERGARTENERS

IN TRAINING (KIT)

A pre-K transitional program for 4 1/2 to 5 year olds not quite ready for, or just missing kindergarten because of birth date or who are showing signs of physical, social or emotional immaturity. This is a low stress program designed to help children mature for entry into kindergarten. Children must be 5 years old by April 1, 2017. *For more information and for space availability, call Brenda Barrow at 473-5476.*

Monday, Wednesday, Friday - Afternoons

Dates: January 9, 2017 - May 26, 2017
Time: 12:30 p.m. - 3:30 p.m.
Location: Elm Street Community Center
Instructors: Lynne Savery and Austria Ryken
Fee: \$15 registration
\$151.20 per four-week session

.....
: If children live with acceptance and friend-
: ship, they learn to find love in the world.
:
: -Anonymous
:

PYJAMA DRAMA - SPRING BREAK CAMPS

Step Into the Woods and into your imagination this week with 5 days of music, movement and dramatic play. We'll visit everybody's favorite fairy tales and discover some surprising twists along the way!

Our morning classes are for children with their grown-ups, and in the afternoon we have a 3 hour drop-off camp for 5-8 year olds. There will be a short sharing on the last day for parents to see what we've created.

Dates: Monday - Friday, April 17 - 21, 2017
Times: **Dewdrops:** 11:00 a.m.-11:30 a.m.
Raindrops and Rainbows: 10:15-11:00 a.m.
Sunbeams: 1:00-4:00 p.m.
Location: Pacific Christian Center
207 Pilgrim Way, Arroyo Grande
Fee: Dewdrops: \$45
Raindrops and Rainbows: \$50
Sunbeams: \$110

YOUTH PROGRAMS AND CLASSES

CHILDREN IN MOTION

for KINDERGARTENERS thru 6th GRADE

The City of Arroyo Grande offers before and after school kindergarten child care at the Elm Street Community Center and grades K-6th after school. Transportation is available to and from Harloe and Ocean View elementary schools. Children from other schools are welcome, however, parents are responsible for transportation. We are also offering KinderCare for both "Early Bird" and "Late Bird" kindergarteners at Branch Elementary. Every day is full of fun activities, such as games, crafts, sports and contests. Two to five days per week options. Prices are available at the Recreation Services Department. Enrollment is subject to closure once maximum capacity is reached. For more information, call Carrie Van Beveren at 473-5472 or 473-5474.

Monday - Friday

Dates: January 9, 2017 - June 9, 2017

Time: 7:00 a.m. - 6:00 p.m.

Fee: *2, 3, 4, & 5 day per week programs - please call for details

*Plus \$25 per child annual registration fee.

Location: Elm Street Community Center
1221 Ash Street, Arroyo Grande

HAIR BRAIDING FOR BEGINNERS

Learn new tips and creative techniques for braiding beautiful hair. Sign up with a partner (mom, dad or friend) and bring your favorite hair brush. Each student will learn a three-strand French braid, three-strand corn row braid "outie", two-strand fishbone braid, and be shown the beautiful princess braid. Instructor Natalie Hart is a professional hair stylist and owner of the "Hair Saloon and Spa" in Arroyo Grande. She has taught hair braiding classes for many years.

Date: Wednesday, February 8th, 2017

Location: Hair Saloon and Spa,
135 Bridge Street, Arroyo Grande

Time: 6:30 - 7:30 p.m.

Age: 8 years and older recommended

Fee: \$15 Per person (paid partner required)

Instructor: Natalie Hart

HOLIDAY COOKIE BAKING AND DECORATING CLASS

Come join our childcare staff as we bake two different types of cookies, and decorate pre-baked sugar cookies with frosting, sprinkles, and candy! Each child will bring home a platter full of delicious holiday treats. Drop off your children in a safe environment while you shop or just take time to relax during the busy holiday season. Space is limited so register early.

Dates: Sunday, December 18, 2016

Time: 1:00 - 3:30 p.m.

Fee: \$25 per child

Location: Woman's Club Community Center
211 Vernon Street, Arroyo Grande

CHILDREN IN MOTION

(BEFORE AND AFTER SCHOOL CHILD CARE)

The City of Arroyo Grande will again offer State licensed child care at Ocean View and Branch Elementary Schools. Children ages 5-13 from any elementary school are welcome to participate. Every day is full of fun activities such as games, crafts, sports and contests. A Homework Club is also offered. *Enrollment is subject to closure once maximum capacity is reached.* For more information, please call Carrie Van Beveren at 473-5472.

Monday - Friday

Dates: January 9, 2017 - June 9, 2017

Time: 7:00 a.m. to when school starts -and- when school ends to 6:00 p.m.

Fee: *2, 3, 4, & 5 day per week programs - please call for details

*Plus \$25 per child annual registration fee.

SPRING BREAK DAY CAMP

Come join the Recreation Services Department at Elm Street Park for fun and games! This supervised program for children ages 5 to 13 includes sports, crafts, games, guest appearances, field trips, and an annual Spring Carnival. There may be additional fees for some field trips. Children should bring a sack lunch. For more information, call Carrie Van Beveren at 473-5472.

Monday - Friday

Dates: April 17-21, 2017

Time: Full Day: 7:00 a.m. - 6:00 p.m.

Half Day: 7:00 a.m. - 12:30 p.m.

OR 12:30 p.m. - 6:00 p.m.

Fee: \$34 per Full Day

\$17 Half Day

\$25 per child annual registration fee

Location: Elm Street Community Center
1221 Ash Street, Arroyo Grande



YOUTH PROGRAMS AND CLASSES

ART for KIDS with Peggy Valko

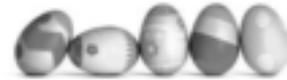
Mixed Media class is designed to promote hand/eye coordination, build self-confidence and increase problem solving abilities. Media includes markers, graphite, watercolors, pastels, colored pencils and crayons. The class will focus on line, color, texture, composition and value. Subject matter will include animals, people, landscapes, abstract and still life. All materials are included! This class is on-going and students may start on any Wednesday.

Dates: Wednesdays, ongoing
Ages: 5-7 years; 3:15 p.m. - 4:15 p.m.
8 & Up; 4:30 p.m. - 5:45 p.m.
Location: Peggy's Art Studio
809 E. Grand Ave., Arroyo Grande
Fee: \$42 for 4 classes

SPRING FUN FAMILY TEA PARTY

Join us for this family event packed with fun. Festivities include music, face painting, arts and crafts, and even a picture with the Easter Bunny! Goodies will be served such as tea sandwiches, pastries, scones, cookies, and of course tea. There will also be a silent auction and a free raffle for prizes. Space is limited, so register early!

Date: Saturday, April 8, 2017
Time: 1:00-4:00 p.m.
Fee: \$17/adult and \$8/child
Location: Woman's Club Community Center
211 Vernon Street, Arroyo Grande
Call 473-5472 for more information.



FREE PROGRAMS AT THE ARROYO GRANDE LIBRARY

Sponsored by Friends of the Arroyo Grande Library

For information Call: 805-473-7161

Animals Of The Central Coast

SAT, JAN 7, 2:00

Join us as educators from the Lopez Lake D.E.E.R. Program (Discovering the Environment through Education and Recreation) introduce us to our local wild animals. Ages 5 and up.

PAWS To Read With Otis

SAT, JAN 28, FEB 25, MAR 25, APR 29, MAY 27, 11:00

Children are invited to read with Otis the therapy dog where they can practice reading in a safe and comfortable place. All Ages.

Lego Club

SAT, JAN 28, MAR 25, APR 29, MAY 27, 2:00

Join our Lego Club and show off your creative side. We supply the Legos and the theme for you to stretch your imagination and build. Registration required. Ages 8-12.

Drone Discovery Science For Kids

SAT, FEB 18, 2:00

Learn about drones with this hands on program brought to us by 4H. Registration required. Ages 7-14.

Squishy Circuits Science For Kids

SAT, FEB 25, 2:00

Design your own amazing creations that light up using insulating and conductive dough. Registration required. Ages 10-17.

Introduction to Robotics SAT, MAR 4, 2:00

This hands on program with SLO Makerspace will show kids how to create robots using Little Bits and Arduino sets. Registration required. Ages 10-17.

Competitive Robotics Demonstration

SAT, APR 1, 2:00

Kids can learn how robots are made, how they compete, and even take one for a spin with the Arroyo Grande High School Eagle Robotics Team. All ages.

Art Of M.C. Escher SAT, APR 15, 2:00

Learn about the amazing art of M.C. Escher as you make art with tessellations, reflections, rotations and translations. Registration required. Ages 10-17.

Engineering For Kids SAT, APR 22, 2:00

Cal Poly's *Society of Women Engineers* will provide a hands on engineering workshop for kids. Ages 5 and up.

Monarch Butterflies SAT, MAY 6, 2:00

Join us as educators from California State Parks, Oceano Dunes District, teach about the amazing monarch butterfly's life cycle and migration. All ages.

Coastal Dance And Music Academy Presents

Fiddler On The Roof SAT, MAY 20, 2:00

Enjoy a production of the musical performed by the talented students at CDMA. All ages.

YOUTH PROGRAMS AND CLASSES

INTERMEDIATE CHESS with Doctor Chess

Doctor Chess Adventures are fun and sociable, develop good thinking skills and improve school grades! In Intermediate Chess, players know how to play, now learn how to play to win! Participants will learn and practice the strategies and tactics necessary for success in the opening, middle game and end game. Problem solving, tournament play and logical lectures will be part of the 'thrills, chills and drills'. Pro-rating is available, though registration is required 24 hours to guarantee your spot! No class on holidays.

Ages: 2nd - 8th grades
Day/Time: **Mondays;** 4:00-5:15 p.m.
Session #1: January 9 - February 27, 2017
Session #2: March 6 - April 10, 2017
Session #3: April 24 - May 22, 2017
 OR
Day/Time: **Wednesdays;** 4:00-5:15 p.m.
Session #1: January 11 - February 22, 2017
Session #2: March 1 - April 12, 2017
Session #3: April 26 - May 24, 2017
 OR
Day/Time: **Saturdays;** 2:00-3:30 p.m.
Session #1: January 14 - February 24, 2017
Session #2: March 4 - April 15, 2017
Session #3: April 29 - May 27, 2017

Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande

Fee: \$70 per session; \$35 for additional sibling

Intermediate Chess: 1 Day Winter Camp

Dates: Wednesday or Saturday;
 Dec. 28, 2016, Jan. 4, 2017 or Jan. 7, 2017
Time: 2:00 p.m. - 4:00 p.m.
Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande
Fee: \$10/day



Intermediate Chess: 1 Day Spring Camp

Dates: Monday or Wednesday or Saturday;
 Apr. 17, 2017, Apr. 19, 2017 or Apr. 22, 2017
Time: 2:00 p.m. - 4:00 p.m.
Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande
Fee: \$10/day

NINJANEERING USING LEGO

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks and encounter the mighty Dragon! Imagine and build unique and fun LEGO projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. This is an ideal way to prepare young Ninjaneers for the challenge of Ninjaneering Masters with LEGO camp.

Ages: 5-7 years
Dates: Monday-Thursday; December 19-22, 2016
Time: 9:00 a.m.-12:00 p.m.
Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande
Fee: \$128

NINJANEERING MASTER USING LEGO

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced LEGO camp, Ninjaneering Masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

Ages: 8-12 years
Dates: Monday-Thursday; December 19-22, 2016
Time: 1:00 p.m.-4:00 p.m.
Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande
Fee: \$128

The premier performing arts academy

DANCE • MUSIC • THEATER • VOICE



FEATURED CLASS - STUDIO CHOIR
 Thursday 3:45-4:45, ages 8-13
 County & State Performances, Solo Opportunities, Wireless Mics, Student Evaluations

Classes for
 all ages &
 levels!



Register now to
 ensure a spot!
 489-5678

Coastal Dance and Music Academy

www.CoastalDanceandMusicAcademy.com
 1030 Huston Street Ste. C | Grover Beach | 805.489.5678

YOUTH PROGRAMS AND CLASSES

CROSSROADS LEARNING NETWORK



Make your child's break from school productive and successful.

Is your child having difficulty reading?

Does your child have any of the following common symptoms?

- Inability to sound out words
- Poor sight-recognition
- Inaccurate spelling
- Poor reading fluency

Crossroads Learning Network is offering reading intensives that will help support these common symptoms.

Choose from the following two options:

1. Early Reading Skills: working simple to complex syllables
2. Advanced Reading Skills: working with complex to multi-syllables

Techniques from the *Lindamood-Bell Seeing Stars program will be implemented in this four day intensive. These reading intensives are best suited for students in grades 1-7.

Dates: December 19-22, Monday-Thursday 1:30-3:30pm
January 3-6, Tuesday-Friday 1:30-3:30pm
April 17-20, Monday-Thursday 1:30-3:30pm

Cost: \$156

Location: Crossroads Learning Network
1303 E. Grand Ave. Ste. 221
Arroyo Grande, CA 93420

Website: www.crossroadslearning.com

*Crossroads Learning Network LLC. Is not Lindamood-Bell Learning Processes nor is it affiliated with, certified, endorsed, licensed, monitored or sponsored by Lindamood-Bell, an international organization creating and implementing unique instructional methods and program for quality intervention to advance language and literacy skills-in no way endorses or monitors the services provided by Crossroads Learning Network, LLC.

PICKLEBALL CLASSES AND CLINICS Taught by WOW Pickleball

With over 45 years in racquet sports at a National Level, Wayne O. Walden of WOW Pickleball aims to introduce the sport of pickleball to beginners and provide a fun variety of drills to enhance skills of those already familiar with the game. A solid base of the sport will be explored in the introductory classes including rules, technique and strategy. In the ongoing clinics, drills will be interactive to produce quick and positive results.

Introduction to Pickleball Classes (Ages 6-17)

Dates: 2nd Wednesday or 2nd Saturday of the month

Times: Wednesdays, 10:00 a.m. - 12:00 p.m.

Saturdays, 1:00 - 3:00 p.m.

Fee: \$20/class



Pickleball Clinics (Ages 6-17)

Dates: Tuesdays

Jan. 24 & 31; Feb. 7, 21 & 28; Mar. 7, 21 & 28; Apr. 4, 18 & 25; May 2 & 23

Times: 4:30 - 6:00 p.m.

Fee: \$15/class

YOUTH SPORTS

BATON TWIRLING with Alexis Brewer

Come join the fun and learn how to twirl a baton! Coach Alexis is the Cal Poly San Luis Obispo feature twirler with over 15 years of baton experience. Learning how to twirl the baton helps girls and boys learn confidence, team work, coordination, leadership, determination, and healthy lifestyle habits. All of our students perform! Don't miss out on all the fun!

*There will be no class on major holidays and during the school winter break. Baton twirlers will need to purchase a baton, warm ups and uniform for performances.

Beginning Baton Twirling

This is a great place to start as a beginner. We teach basic twirling skills, marching and dance to fun music!

Dates: Mondays
 Time: 4:00 p.m. - 4:40 p.m.
 Fee: \$35.00 a month
 Ages: 5 years and older
 Location: Pacific Christian Center Gym
 207 Pilgrim Way, Arroyo Grande

Intermediate Baton Twirling

This class is designed for twirlers who have mastered basic twirls including: one spin, double elbow roll and finger twirls in both hands. Students in this class will explore multiple rolls and complex body work.

Dates: Mondays
 Time: 4:45 p.m. - 5:25 p.m.
 Fee: \$35.00 a month
 Ages: 9 years and older
 Location: Pacific Christian Center Gym
 207 Pilgrim Way, Arroyo Grande

YOUTH WRESTLING

Boys and girls will learn and compete in International Free-style. All tournaments are held Saturdays on the road. *For more information, contact John Rogers at 473-5478.*

Ages: 7 years through 8th grade.
 Registration: Wrestlers must register in advance on Monday, January 23, 2017 at the Elm Street Community Center from 6:30 - 7:30 p.m.
 Practices: Monday, Wednesday, and Thursday evenings beginning Wednesday, Feb. 15th
 Time: 6:30 p.m. - 7:30 p.m.
 Location: Arroyo Grande High School
 Multi-Purpose Room
 Fee*: \$45 plus \$40 USA Wrestling Online Registration (Family Discounts Available)
 Fee includes facility rental, secondary insurance and t-shirt.
 *There will be additional expenses while traveling to tournaments.

“Good, better, best. Never let it rest. Until your good is better and your better is best.”

- Tim Duncan

Competition Team

We invite dedicated twirlers to consider joining our award winning competition teams! The children have fun traveling together to different adventures and working together to attain their common goals. Sign-ups for our competition teams are offered every September, and practices are once a week September through May. Twirlers and families that join this team must be dedicated and loyal to the organization. Signups are completed when the twirler and parent sign and return the contract to Coach Alexis. Twirlers will be placed on teams appropriate to their age and skill level as determined by Coach Alexis. All twirlers are required to have permission from Coach Alexis to participate.

Dates: Mondays
 Time: 5:30 p.m. - 6:15 p.m.
 Fee: \$35 per month
 Ages: 5 years-18 years
 Location: Pacific Christian Center Gym
 207 Pilgrim Way, Arroyo Grande

MATCH-PLAY TENNIS CLASS with Cindy Kullman

This class is designed for advanced players who have learned the serve, volley, backhand and forehand. The younger players must be able to serve at least at half court. All players must also be able to hold a rally. Kids will be placed on the court with other players at their same ability level. During match-play, players will learn tennis strategies of both doubles and singles play. It is strictly match-play tennis, where games, sets and even full matches will be played out.

Ages: 8 years to 12 years
 Dates: Mondays, January 16 - February 20, 2017
 Time: 3:40 p.m.-4:40 p.m.
 Fee: \$150
 Location: Elm Street Park, Tennis Courts
 1221 Ash Street, Arroyo Grande

805 Youth Lacrosse

**BOYS &
GIRLS
AGES
8-17**



**SIGN UP
TODAY**

www.805lax.club  #805lax



FATHER Daughter DANCE



18th Annual City of Arroyo Grande
Recreation Services Department Event
Sponsored by Arroyo Grande Lions Club and
Pacific Coast Kitchen & Bath

Photo
Booth

Dancing

Dinner & Desserts

Limbo Contest

Saturday, June 3, 2017, 6:00 p.m. – 9:00 p.m.
South County Regional Center, 800 W. Branch Street, Arroyo Grande

**Ages 4 and up *\$48.00 per couple *\$22.00 each additional daughter *Semi - Formal
*Contest/Prizes *Complimentary Photo *Canvas Signings *Shirley Temples*



Tickets are available at the AG Recreation Services office, 1221 Ash St. or you can sign up online at www.arroyogrande.org. Deadline is Friday, May 26th



**The Arroyo Grande Recreation Services
Department and the Oceano/Five Cities Elks
Lodge #2504 Present the
28th Family Egg Hunt & Festival
Saturday, April 15, 2017
10:00 a.m. Sharp**

FREE ADMISSION

Concessions and some activities
have separate cost

Elm Street Park 1221 Ash Street, Arroyo Grande

**Egg Hunt for all ages *Bunny Photo Opportunity *Bounce House *Face Painting
*Cotton Candy *Basket Raffle *Egg Toss Contests *Petting Zoo
*Carnival Games *Pony Rides *Free Hot Dog BBQ *And Much More Fun!!*

For more information on either of these events, please call Brenda at 473-5476

YOUTH SPORTS

KIDZ LOVE SOCCER

KIDZ LOVE SOCCER PROGRAM

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer . . . "Where the score is always FUN to FUN!"

Location: Elm Street Park
 Fees: \$100 /8 week class
 Session 1: February 9-March 30, 2017
 Session 2: April 27-June 15, 2017

KLS class status hotline 1 (888) 372-5803. For cancellation notifications sent to your smartphone, download the free Kidz Love Soccer app!



Mommy/Daddy & Me Soccer (Ages 2-3.5)

February 9 - March 30 9:30-10:00 a.m. or 5:15-5:45 p.m.

April 27 - June 15 9:30-10:00 a.m. or 5:25-5:55 p.m.

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All participants receive a Kidz Love Soccer jersey!

Tot/Pre-Soccer (Ages 3.5-5)

February 9 - March 30 10:10 - 10:45 a.m. or 3:00 - 3:35 p.m.

April 27 - June 15 10:10-10:45 a.m. or 3:10-3:45 p.m. or
6:05-6:40 p.m.

Little tykes will enjoy running and kicking just like the big kids! This class teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Soccer 1 Techniques & Teamwork (Ages 5-6)

February 9 - March 30 3:35 - 4:20 p.m.

April 27 - June 15 3:45 - 4:30 p.m.

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Soccer 2: Skillz & Scrimmages (Ages 7-10)

February 9 - March 30 4:20 - 5:05 p.m.

April 27 - June 15 4:30 - 5:15 p.m.

Enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come and enjoy the world's most popular game! All participants receive a Kidz Love Soccer jersey! Shin guards are required.

Soccer 3: Match Play (Ages 10-12)

February 9 - March 30 4:20 - 5:05 p.m.

April 27 - June 15 4:30 - 5:15 p.m.

Each week we will focus on the fun and fast-paced action of non-competitive match play. Teams are formed at each class meeting and vary from week to week encouraging players to develop individually in a variety of positions with a variety of teammates. Everyone plays and everyone wins! Each participant receives a Kidz Love Soccer jersey. Shin guards are required.

ADULT CLASSES

SERGER SEWING & EMBROIDERY MACHINE BASICS with Mary Jo Gabel

Learn to use your serger for much more than just finishing seams. Learn to make tension adjustments for the different stitches as well as when using decorative threads. Computerized embroidery machines have amazing capabilities. Learn the tips and tricks to successful embroidery.

Ages: Adult
Day/Time: Tuesdays, 9:00 a.m. - 2:00 p.m.
Session 1: January 24 - March 7, 2017
Session 2: March 28 - May 23, 2017
Location: Grace Bible Church
100 Rodeo Drive, Arroyo Grande
Fee: \$55

QUILTING with Gerry McGuire

Class participants will learn the basics and more of quilt making in a relaxed and friendly setting. This class teaches designing, proper cutting, sewing and handy shortcuts to make a quilt. Through demonstrations and a workshop atmosphere, participants will be able to construct their own quilt. Beginners to advanced students welcome. Sewing machine is needed.

Ages: Adult
Day/Time: Mondays, 6:00 - 9:00 p.m.
Session 1: January 23 - March 20, 2017
*No class on February 20
Session 2: April 3 - May 22, 2017
Location: First United Methodist Church,
275 N. Halcyon Rd., Arroyo Grande
Fee: \$45

QUILTING with Barbara Porter

Learn the art of quilting. Traditional and modern techniques will be taught. Work on class or individual projects. Beginners to advanced quilters are welcome.

Ages: Adult
Day/Time: Mondays OR Thursdays, 9:00am - 2:00pm
Session 1: Mondays, January 23 - March 13, 2017
*No class February 16
Thursdays, January 26 - March 16, 2017
*No class February 20
Session 2: Mondays, March 27 - May 15, 2017
*No class April 17
Thursdays, March 30 - May 18, 2017
*No class April 20
Location: St. John's Lutheran Church,
959 Valley Road, Arroyo Grande
Fee: \$65
Instructor: Barbara An Porter has a B.S. in Design, an Adult Education Credential and has been teaching quilting for 22 years.

NEEDLE ARTS: MORE STITCHES AND POTPOURRI with Betty Fryer

In the first session of this class, students will learn how to extend their abilities in understanding and executing knit patterns and charts. In the second session, participants will create a crochet project bag, knitted accessories, and tatting (for those interested).

Ages: Adult
Day/Time: Fridays, 9:00 a.m. - 2:00 p.m.
Session 1: January 20 - March 17, 2017
*No class on February 24
Session 2: March 24 - May 19, 2017
Location: St. John's Lutheran Church,
959 Valley Road, Arroyo Grande
Fee: \$50

Instructor: Betty Fryer, with a specialty in knitting and designing, has published numerous patterns and two books. Betty has a B.A. in Music, an M.A. in Education, and over 50 years of experience in needlework.



WRITING FROM LIFE with Gayle Cuddy

Come and hone your writing skills while working on your life story, short stories, poetry, prose or journaling. Students may write creatively in any manner they choose. Students are encouraged to let their ideas flow freely and break through any blocks they may have. Some "right brain" exercises will be given. Objectives include: finding your passion or muse in writing, honing your writing skills and reaching into yourself to pull out your stories.

Ages: Adult
Day/Time: Wednesdays, 2:00 - 4:00 p.m.
Session 1: January 25 - March 15, 2017
Session 2: April 5 - May 28, 2017
Fee: \$68
Location: Ocean Oaks Condominiums,
Room 214 (Multipurpose Room/Clubhouse)
579 Camino Mercado, Arroyo Grande
Suggested materials: Paper and pen

ADULT CLASSES

INTRODUCTION TO DIGITAL PHOTOGRAPHY with Peter Boonisar

This class is designed to provide basic information on digital cameras; their menus, exposure modes and metering modes. It covers the basic concepts of good photography including: ISO, noise, white balance, resolution, compression, lighting, composition and lines of direction.

Ages: 15 years and older
 Fee: \$30 (includes "Introduction to Digital Photography" DVD. Retail value \$19.95)
 Date: Saturday, January 14 or March 11, 2017
 Time: 9:00 a.m. - 12:00 p.m.
 Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande

PHOTO CRITIQUE CLASS with Peter Boonisar

Join others from Introduction to Digital Photography and/or the Advanced Photography Workshop and submit your top 5 photographs for a personalized critique. The Photo Critique class will view all photographs and detail the why and how behind taking a quality photograph.

Ages: 18 years and older
 Fee: \$15
 Dates: Saturday, March 25, 2017
 Time: 9:00 a.m. - 12:00 p.m.
 Location: Elm Street Community Center
 1221 Ash Street, Arroyo Grande

"Photography is the only language that can be understood anywhere in the world."

-Bruno Barbey

CLOGGING with Kathy Cinowalt

Born in the Appalachian Mountains, clogging is a lively up-beat dance form that is performed to all types of music. It's a fun way to stay fit and meet new friends. No partner needed. Materials fee for \$10 for floor cover.

Ages: Adults and children over 8 yrs.
 Fee: \$20 per month
 Days: Sundays, Beginning February 5th, 2017
***No class on the 2nd Sunday of each month**
 Time: Beginners; 2:00 - 3:00 p.m.
 Intermediates; 3:00 - 4:00 p.m.
 Location: Arroyo Grande Woman's Club
 211 Vernon Street, Arroyo Grande



'ON LOCATION IN MORRO BAY': ADVANCED PHOTOGRAPHY with Peter Boonisar

Learn while doing in this advanced photography clinic. Bring your own camera and receive a brief overview of equipment and subject review, and then you will be off on assignment! Experiment with reflections, patterns, textures, funny signs, candid photographs and photos of the infamous Morro Rock.

Ages: 18 years and older
 Fee: \$25
 Dates: Saturday, March 11, 2017
 Time: 3:00 p.m.-5:30 p.m.
 Location: Morro Bay (details to be determined)

Fee to register for all three Photography Classes: \$65

Offer valid 12/15/2016 - 01/31/2017 with a 6-month minimum auto-pay registration. Valid only for new dancers or those who have not participated in 6 months or longer. Not valid with other offers or discounts. Other restrictions may apply. Call 805.610.3704.

ADULT SPORTS AND FITNESS

NEW! ARROYO GRANDE PICKLEBALL CLUB

Pickleball is described as a game that is extremely fun, very social (games go to just 11 points - then you change courts and meet new players!), addicting, and allows for a great workout. You don't have to be ultra competitive to play.

Played with a composite/graphite paddle and a baseball sized wiffle ball, the game is very similar to tennis, but is played on a smaller court. Pickleball is particularly appealing for 50+ crowd who still want to stay active but don't want the wear and tear that comes with playing on a larger court.

Join our local club for the fastest growing sport in the country! The AG Pickleball Club's motto is "Nothin' But Fun!". Come out and make new friends, get a good workout and have fun. Club benefits include reserved court times, clinics, member only fun tournaments, and more.

Club Membership fee: \$95 per calendar year (Seasonal Passes available)

Reserved Club Court Times

Tuesdays, Thursdays, & Saturdays 9:00 a.m.-12:00 p.m.

Mondays & Wednesdays 5:30-7:30 p.m.

Sundays 10:00 a.m.-1:00 p.m.

Ages: Adult

Where: Court #5 at the Soto Sports Complex tennis courts

Fee: \$3 per day, 10 play punchcards available.

PICKLEBALL CLASSES AND CLINICS

Taught by WOW Pickleball

With over 45 years in racquet sports at a National Level, Wayne O. Walden of WOW Pickleball aims to introduce the sport of pickleball to beginners and provide a fun variety of drills to enhance skills of those already familiar with the game. A solid base of the sport will be explored in the introductory classes including rules, technique and strategy. In the ongoing clinics, drills will be interactive to produce quick and positive results.

Introduction to Pickleball Classes

Dates: 2nd Wednesday or 2nd Saturday of the month

Times: Wednesdays, 10:00 a.m. - 12:00 p.m.

Saturdays, 1:00 - 3:00 p.m.

Fee: \$20/class

Pickleball Clinics

Dates: Tuesdays

Jan. 17, 24 & 31; Feb. 7, 14, 21 & 28;

Mar. 7, 14, 21 & 28; Apr. 4, 11, 18 & 25; May 2 & 23

Times: 2:00 - 4:00 p.m.

Fee: \$20/class

ADULT SOFTBALL LEAGUE

Adults will have two separate seasons: Spring League, which will be held March through May, and Summer League, which will be held June through August. The spring season will include men's and co-ed leagues. The organization meeting for spring and summer leagues will be at 6:30 pm on Thursday, February 2, 2017 at the Elm Street Community Center, 1221 Ash Street. Topics for discussion include fees, dates, format, bat rules, registration dates, awards, and any rule changes. Summer season will feature men's, women's, co-ed and men's church leagues. For more information, call John Rogers at the Recreation Services Department at 473-5478.

Fee: \$435 per team, plus \$8 per non-Arroyo Grande resident. Teams also pay umpire \$10 cash each game.

RECREATIONAL BASKETBALL CLASS

Come get a good workout with other basketball enthusiasts. Half-court games played with teams changed each night.

Ages: Adult

When: Ongoing Tuesdays and Thursdays; 5:15 - 6:45 p.m.

Dates: Starts up March 7, 2017

Where: Local gymnasiums TBA

Fee: TBA

To register, contact Greg Soto at 481-1066.

ADULT TENNIS - Intermediate and Advanced

Intermediate and advanced instruction, workout and drills for adults.

Ages: 15 years and up

Dates: Ongoing Saturdays, 8:30- 10:00 a.m.

Where: Soto Sports Complex tennis courts

Fee: \$40 per month -or- \$10.00 per class

Instructor: Lenny De Los Santos, Prf. Instructor with USPTA, PRO I, Certification.

MEN'S BASKETBALL LEAGUE

Spring League - Teams will play one night per week on Monday, Tuesday, Wednesday, or Thursday. Games will begin in mid February.

Summer League - Teams will play one night per week on Monday, Tuesday, Wednesday, or Thursday.

A MANDATORY managers' meeting will be held on Thursday, January 19, 2017 at 6:30 p.m. at the Elm Street Community Center, 1221 Ash Street, Arroyo Grande. For more information, call John Rogers at the Recreation Services Department, 473-5478.

Fee: \$365 per team plus \$8 per non-Arroyo Grande Residents

*Teams also pay referee \$22 cash each game

ADULT SPORTS AND FITNESS

ADULT YOGA With Lindsay Carter Coates

Lindsay is a Central Coast native. After graduating from UCSB, she expanded her love of yoga and earned certification to teach. Now back on the Central Coast, she is excited to share her passion for yoga and health.

YOGA FLOW (18+)

Join Lindsay for a fun Yoga Flow class. In this class we will flow through a series of yoga poses and work on moving with our breath. We will work on strength, flexibility and balance. This is a high energy class and is suitable for most adults. This class can be modified to make it as challenging or as basic as you'd like. If you have any major injuries or health concerns, please contact the Recreation Services Department to ensure it is a good fit as this is a fast-paced class.

Ages:	Adult
Fee:	\$40/month for 1 day a week \$60/month for 2 days a week
Days/Times:	Tuesdays, 10:15 - 11:15 a.m. Thursdays, 6:00 - 7:00 p.m.
Location:	Ocean Oaks Condominiums, Room 214 (Multipurpose Room/Clubhouse) 579 Camino Mercado, Arroyo Grande
Materials:	Yoga mat and blanket (optional)

ACTIVE SENIORS YOGA (55+)

Join Lindsay for Senior Yoga class! In this class we will work on strength, flexibility and balance as we move through basic yoga poses. This class will help with mobility and relaxation for the body and mind. Students must be able to transition from sitting on the ground to standing, as we work on both seated and standing postures throughout the class.

Ages:	55 years +
Fee:	\$40/month for 1 day a week OR \$60/month for 2 days a week
Days:	Tuesdays and/or Thursdays
Time:	9:00 - 10:00 a.m.
Location:	Ocean Oaks Condominiums, Room 214 (Multipurpose Room/Clubhouse) 579 Camino Mercado, Arroyo Grande
Materials:	Yoga mat and blanket (optional)

ZUMBA GOLD! with Charly Schaad

Looking for a lower intensity dance fitness class? Zumba Gold is the perfect blend of easy dance choreography and focus on balance, range of motion and coordination. All ability levels welcome, 55+! Come join the party!

Age:	55+
Fee:	\$30/month for 1 day a week \$60/month for 2 days a week
Days/Times:	Mondays, 2:30 - 3:15 p.m. AND/OR Fridays, 2:00 - 2:45 p.m.
Location:	Woman's Club Community Center 211 Vernon Street, Arroyo Grande

SENIOR FITNESS CLASSES

A low impact recreational exercise program using chairs with optional standing exercises, this class is designed to maintain and improve joint mobility, muscle tone, bone strength, posture and balance. People with arthritis and other conditions learn to improve their overall health and physical fitness. Routines include hand weights, *stretch bands*, stretching, strengthening, balance, and endurance activities for cardiovascular health. Each class ends with a relaxation exercise. *Optional use of hand weights and stretch bands, equipment not provided.

Fee:	\$4 per class* 4 & 8 class punch cards available
Instructor:	Gayle Cuddy, Arthritis Foundation Certified
Days:	Tuesdays and Thursdays
Time:	10:30 - 11:30 a.m.
Session 1:	January 10 - March 16, 2017
Session 2:	April 4 - June 1, 2017

OR

Days:	Mondays and Wednesdays
Time:	11:00 a.m. - 12:00 p.m.
Session 1:	January 9 - March 15, 2017
Session 2:	April 3 - May 31, 2017
Location:	Woman's Club Community Center 211 Vernon Street, Arroyo Grande

MINDFUL MEDITATION

In this class participants will learn various methods of meditation to help reduce stress, learn to focus better, and to declutter one's mind. We will use meditation, walking meditation and discussion for this class. We will follow "A Mindfulness-Based Stress Reduction Workbook" by Bob Stahl and Elisha Goldstein, available on Amazon and in the library. But it is not necessary to have the book to benefit from the class.

Fee:	\$45.00
Instructor:	Gayle Cuddy
Days:	Tuesdays
Time:	3:00-4:30 p.m.
Session 1:	February 7 - March 14
Location:	Arroyo Grande Woman's Club 211 Vernon Street, Arroyo Grande

Meditation pillows for floor sitting will not be provided but you are welcome to bring your own.





VOLUNTEER!

*Get involved, support
your local community
and build your
network!*

The City of Arroyo Grande is seeking:

- Retired professionals
- Youth looking to gain work experience
- Individuals, Groups, Organizations and Businesses to adopt parks and preserves

Share your community pride, talent and time;
VOLUNTEER with the City of Arroyo Grande!

Participate in Community Service Projects,
Youth Programs, Special Events, Gain Work
Experience, Improve the Quality of City Parks
and more! Join our team today!

**Call Arroyo Grande Recreation Services (805) 473-5473 or
visit online at www.arroyogrande.org for more information!**

SPECIAL EVENTS AND FUNDRAISERS

27TH ANNUAL FAMILY EGG HUNT

The Arroyo Grande Recreation Services Department, along with the Five Cities/Oceano Elks #2504, J.J.'s Market on the Mesa, Mullahey Ford, Foresters, Rontal Salon and Beauty Center, McDonalds, Burger King, Five Cities Men's Club, Wolf Chiropractic, and the Kiwanis Club of Arroyo Grande Valley, invites all children to fill their baskets with plastic prize eggs and candy at this special fun-filled event! Activities include an egg hunt, sack race, raw egg toss, carnival games, hot dog barbecue lunch, and a special egg hunt just for the adults. Children are encouraged to bring a basket for their goodies.

Date: Saturday, April 15 2017 Time: 10:00 a.m. sharp!
 Location: Elm Street Park and Pilg/Campbell Fields
 Fees: Free- Egg Hunt, contests & sack races; \$3 unlimited use of carnival games; \$3 bounce castle
 \$2.50 for regular hot dog lunch with drink and chips; \$3.00 for large hot dog with drink
 and chips and \$2 Cotton Candy (Prices are subject to change)

FATHER/DAUGHTER DATE NIGHT

The City of Arroyo Grande Recreation Services, Arroyo Grande Lions Club, and Pacific Coast Kitchen and Bath present a night for fathers and daughters. The evening will include dinner, dancing, contests, king and princess crowning, and fun! Ages 4 and up are welcome for this semi-formal affair. Attendees can register at the Arroyo Grande Recreation Services Department, 1221 Ash Street, Arroyo Grande, before Friday, May 26, 2017. For ticket information, contact Brenda Barrow at 473-5676.

Ages: 4 to adult
 Date: Saturday, June 3, 2017
 Time: 6:00 - 9:00 p.m.
 Location: South County Regional Center, 800 W. Branch Street, Arroyo Grande
 Fee: \$48 per couple; \$22 each additional daughter

F. MCLINTOCKS FUNDRAISER

The City of Arroyo Grande Recreation Services and F. McLintocks are sponsoring an F. McLintocks Fundraiser in support of children's services. The event will be held on Wednesday, May 17th, from 4 p.m. to closing, at F. McLintocks in the Village of Arroyo Grande, 133 Bridge Street, Arroyo Grande. The children's services programs will receive a percentage of all sales that evening. For more information, please call the City's Recreation Services office at 473-5474.

RECYCLING FUNDRAISER

Bring all your cans and plastic bottles to the Recreation Services office at 1221 Ash Street. We will recycle them and donate the money to Children's Services. There will be a recycle can located in the front lobby where items can be dropped off without the hassle/confusion of finding a recycling center.

WOMAN'S CLUB RENOVATION PROJECT - DEDICATE-A-BRICK

The Arroyo Grande Lions Club and the Woman's Club of Arroyo Grande are partnering to raise funds for renovation projects at the Woman's Club Community Center. This facility serves thousands of local residents each year and is badly in need of some upgrades.

The community is invited to be part of the renovation efforts by participating in a Dedicate-A-Brick program that offers individuals, community groups and businesses the opportunity to purchase a laser-engraved brick which will be placed in the patio area. Bricks can be a celebration of accomplishment, family remembrance, or just a show of support for this project, which will benefit the entire community for years to come.

Bricks are available for \$100 (4" x 8"), \$200 (8" x 8"), or \$400 (12" x 12"). For more information or a Brick Dedication Form, contact Recreation Services Director John Rogers at the Recreation Services office 473-5478.

BANNER PROGRAM - GREAT WAY TO ADVERTISE

Calling all businesses, organizations, and service groups...Do you want to let people know the information you have to offer? Yes, you say, then call the Recreation Services Department at 473-5476 about their new Banner Program.

For more information about our fundraisers please call Brenda Barrow at 473-5476.

CITY OF GROVER BEACH

CITY COUNCIL:

John P. Shoals, Mayor
Jeff Lee, Mayor Pro Tem
Barbara Nicolls, Council Member
Mariam Shah, Council Member
Debbie Peterson, Council Member



City Council meetings are held the first and third Mondays of each month in the City Hall Council Chambers at 6:30 p.m.

CITY HALL:

154 S. Eighth Street, Grover Beach, CA 93433
One-stop counter service for all City offices!
Monday - Friday, 8:00 a.m. to 5:00 p.m.

CITY DEPARTMENTS:

City Manager's Office	473-4567
City Clerk's Office	473-4568
Human Resources Office	473-4564
Administrative Services	473-4550
Community Development/ Public Works	473-4520
Police Department (Non-Emergency)	473-4511
Five Cities Fire Authority (Non-Emergency)	473-5490



For more information about programs, classes, sponsorships or being a volunteer, please call the **Grover Beach Parks and Recreation Department:** (805) 473-4580, or visit us at: 154 S. 8th Street, Grover Beach Monday—Friday 8:00a.m. - 5:00 p.m. Download a volunteer application at: www.grover.org

PARKS, RECREATION AND BEAUTIFICATION COMMISSION

Parks, Recreation and Beautification Commission meetings are held the third Thursday of each month at 6:30 p.m. in the City Council Chambers.

Jan Ojerholm - Chair
James Cooper - Vice Chair
Walt French
Maalaea Quirk
Geraldine Roseboro



PARKS AND RECREATION STAFF:

Kathy Petker
Parks and Recreation Program Director
kpetker@grover.org

Nora O'Donnell
Recreation Coordinator
nodonnell@grover.org

Alyssa Arguilles
Recreation Coordinator
aarguilles@grover.org



OFFICE HOURS:

Monday - Friday
8:00 a.m. - 5:00 p.m.

LOCATION & MAILING ADDRESS:

Parks and Recreation Department
154 S. 8th Street
Grover Beach, CA 93433
(located in City Hall/Next to the Police Department)

PHONE: (805) 473-4580

Parks & Recreation Department Mission Statement

The Grover Beach Parks and Recreation Department is committed to providing or facilitating quality recreational services, including programs, classes, special events, and facilities, to all members of the community in a courteous and efficient manner.

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



COMMUNITY EVENTS

Rolling out the RED CARPET for our Volunteers!

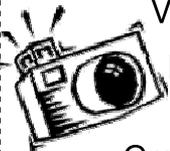


Grover Beach Parks & Recreation Department is hosting the annual Volunteer Recognition Dinner

Friday, February 24, 2017
6:00 p.m. to 8:00 p.m.

Grover Beach Community Center
1230 Trouville Avenue

If you volunteered in 2016 for the Parks and Recreation Department, or for any City of Grover Beach special event, please call 473-4580 for more information about joining us!



SOUTH COUNTY SKATE PARK



1750 Ramona Avenue, Grover Beach
Ages 4 thru Adult

**Skateboarding, in-line skating
and scooters allowed!**

Call the San Luis Obispo County YMCA
For more information about fees
and hours of operation

(805) 543-8235

www.sloymca.org

Grover Beach

Arbor Day Celebration!



For 30 years, the City of Grover Beach has been designated as a "Tree City" by the National Arbor Day Foundation. We will celebrate this distinction with a special event for children ages 5 to 12.

Date: Friday, April 28, 2017
Time: 3:00 p.m. to 5:00 p.m.
Location: Grover Heights Park,
Atlantic City Avenue

Call 473-4580 for more information

the Y
FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIME TO EXPLORE

CAN'T WAIT!

- Summer Camps
- Vacation Camps
- Before/After School Care
- Youth Sports

SAN LUIS OBISPO COUNTY YMCA
(805) 543-8235
Visit us at www.sloymca.org

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



COMMUNITY EVENTS

Co-ed Adult Volleyball League



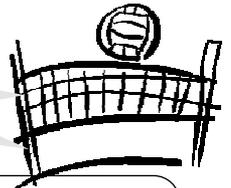
We are **SERVE**-ing up the 15th Annual Co-Ed Adult Volleyball League!

Start **BUMP**'in around the idea of forming a team with 7-10 friends, family and/or co-workers!

Don't **BLOCK** out the idea if you can't **DIG** up a team! Just give us a call and we'll add you to the Free Agent list and **SET** you up with a team. This is an opportunity you don't want to **PASS** up!

- Dates:** Mondays, starting March 6, 2017
- Times:** Games are scheduled between 6:00 p.m. and 9:00 p.m.
- Fees:** \$482 per team
- Location:** Judkins Middle School, 680 Wadsworth Avenue, Pismo Beach

Gather your friends or co-workers!



Pre-registration will be open until Wednesday, February 22, 2017, at Grover Beach City Hall, 154 S. 8th Street; or online at www.grover.org.

Mother & Son Dinner Dance

Mothers and sons, this night is for YOU!
This year's theme:

“STAR WARS”



Dress to the Dark Side, be a Rebel Force, or wear whatever feels comfortable - dressy or casual - but don't forget your dancin' shoes! We'll provide dinner, crafts, DJ for dancing, contests, prizes, photo booth, and lots of fun!

Don't miss this special evening for you and your son(s).

- Date:** Friday, May 12, 2017
- Time:** 6:00 p.m. to 9:00 p.m.
- Fees:** \$50 per couple
\$20 each additional son or guest
- Location:** Grover Beach Community Cent
1230 Trouville Avenue

**Sign up early!
This event fills up quickly!**



MAY THE FORCE BE WITH YOU!

RESERVE YOUR SPOT TODAY & ASK YOUR FRIENDS TO JOIN
Register online through the city's website: www.grover.org

Grover Beach Parks and Recreation Department: (805) 473-4580
Government Access Cable Channel 20 ~ www.grover.org



COMMUNITY EVENTS

Spring Garden Tour & Plant Exchange



Nominate your favorite Grover Beach garden!

Saturday, June 3, 2017
1:00 p.m. until 4:00 pm



The search for gardens is on!

The **Parks, Recreation & Beautification Commission** will be hosting this annual event which is a favorite for many area residents and visitors!

We need the community's assistance with locating the best gardens in Grover Beach!

To nominate a residential or commercial garden, please call (805) 473-4580.
Deadline for nominations is Friday, May 12, 2017.

Join us for the **free** self-guided tour of the gardens chosen for display.
Bring a plant or cutting and exchange it for a new/different plant or cutting at the **Plant Exchange held at the Ramona Garden Park, 993 Ramona Avenue!**

Download a map from the City of Grover Beach website: www.grover.org,
after Wednesday, May 24.

Become a Special Event Sponsor!

Call (805) 473-4580 for more information, or download sponsor information from the City of Grover Beach website at www.grover.org. There are many sponsor levels to choose from!
Be a part of all the fun events happening year round!

14th Annual Sizzlin' Summer Concert Series & Farmers' Market

Sundays, June 4, 2017 thru September 24, 2017
Ramona Garden Park, 993 Ramona Avenue

Except for Sunday, August 27, 2017

Please join us for the Dune Run Run and Stone Soup Music Festival & Street Faire)



Get ready for another great summer of friendly company, delicious food,
and great music from amazing local talent!

Call (805) 473-4580 inquiries about the band selection process.

FARMERS' MARKET

Held in conjunction with the concert series, this market features fresh produce, local crafters, and much more! For more information about reserving your vendor space, please email:
coastalfarmersmarket@gmail.com.



Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



YOUTH PROGRAMS

Fall Art Academy

Join us for this one week session during Winter break! This class is designed for children between the ages of 7-14. Students will enjoy a week of painting, drawing, working with clay, crafting, drama, dance, yoga, culinary arts all while having fun and learning! Classes available in 3-day and/or 2-day per week sessions. Students can also sign up for both sessions each week. Students should bring a lunch and water.

Ages: 7 to 14
 Days: Mon/Wed/Fri and/or; Tues/Thurs
 December 19, 21, 23 **and/or;** December 20, 22

Times: 9:30 a.m. to 3:30 p.m.
 Fees: \$80 per week (Three day session)
 \$70 per week (Two day session)
 \$150 for one full week
 \$10 material fee

Location: Ramona Garden Park Center
 993 Ramona Avenue
 Instructor: Alice Mitchell



Manners Workshop

Lessons in proper behavior for all occasions. Participants will receive guidance in a variety of topics including table manners, social etiquette, visiting parent's offices, ordering food at a restaurant, entertaining at home, ceremonial occasions, and written communications.

Ages: 5 -13
 Dates: Saturday, January 7
 Time: 9:00 a.m. to 11:00 a.m.
 Fees: \$25 per student
 Instructor: Miss Etiquette,
 Anita Shower

Location: Grover Beach Community Center
 1230 Trouville Avenue

Call to reserve a spot.
 Call 473-4580 for more information.
 Get your kids ready for the new year!



MANNERS ARE A TRUE REFLECTION OF OUR CHARACTER.

Writing Games with Megan



Students will build writing skills and develop confidence through fun games and creative activities. They'll develop their individual writing process while sharing their ideas through stories, poems and essays. Learn how to tell a story, explain a process, and be an expert on the topic of your choice!

Ages: 8-13
 Days: Mondays
 January 9– March 27
 *Except 1/16 & 2/20
 Time: 4:30 p.m. to 5:30 p.m.
 Fees: TBA for a 10 week session
 \$5 material fee

Location: Grover Beach Community Center
 1230 Trouville Avenue
 Instructor: Megan Barnhard





NEW YEAR! NEW LIBRARY!
Grover Beach Community Library

**Library will be CLOSED for remodeling
 Nov 24-Jan 2nd**

Visit us in January for our following programs:

YOUTH PROGRAMS:

Storytime
 Mondays 10:30a.m.

Reading to Rover
 Wednesdays 3-4p.m.

ADULT PROGRAMS:

Senior Book Break
 2nd Tuesday of the Month 10:30-11:30a.m.

A Volunteer Library Serving the Local Community!

240 N. 9th St., Grover Beach, CA (805) 481-4131
 Open: MTWThF 1-5pm; Sat 10am-2pm

www.GroverBeachLibrary.org

 Like us on Facebook!

Grover Beach

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



YOUTH PROGRAMS

Drawing/Painting

This class is designed for children between the ages of 7-14. Students will have fun and creative time with art projects involving drawing, painting, acrylic and watercolors.

Ages: 7-14
 Days: Thursdays
 Monthly Class
 Time: 5:45 p.m. to 6:45 p.m.
 Fees: \$30 per month
 \$10 material fee
 Location: Grover Beach Community Center
 1230 Trouville Avenue
 Instructor: Alice Mitchell



Hip-Hop & Breakdancing

This class is designed to teach students how to dance in a hip-hop and breakdancing style. Students will have fun while learning choreography.

Ages: 8 & up
 Days: Thursdays
 Monthly Class
 Time: 5:45 p.m. to 6:45 p.m.
 Fees: \$30 per month
 Location: Grover Beach Community Center
 1230 Trouville Avenue
 Instructor: Jesse Parra



Grover Beach



The South County Family Educational and Cultural Center

867 Ramona Avenue,
 Grover Beach, CA 93433

(805) 473-1421 Email info@explorationstation.org

The Exploration Station Interactive Science Center is open on Thursday, Friday and Saturday afternoons from 1:00 pm to 4:30 pm. The Exploration Station is a place where families can enjoy hands-on science exhibits and interactive displays designed to spark the imagination and creativity of the youth in our community.

Please check our website www.explorationstation.org for the current dates and times of our programs and events. If you are interested in volunteering please contact us at (805) 473-1421.



NEEDED!!!

Do you have a desire to help your community?
 Are you looking for a challenge?
 Are you a high school or college student needing community service hours for school?

If so, call the **Grover Beach Parks and Recreation Department:**
 (805) 473-4580, or visit us at:
 154 S. 8th Street, Grover Beach, CA

Download a volunteer application at:
www.grover.org

It takes many hands to create a special event, and we could use yours!

Become an Instructor!

Do you have a talent you would like to share with the community? Is it something no one else is teaching in the area?

We are always looking for new instructors to offer fun, educational classes for people of all skill levels and ages. We are interested in meeting with new instructors to see if your class will fit in one of our community centers or one of our beautiful parks.

Please follow the listed steps to apply:

1. Complete the Instructor Proposal Form and return via email/mail to Grover Beach Parks & Recreation Department
2. Meet with City staff to discuss your class proposal. The City will review the information and possibly offer it during an upcoming session

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



YOUTH PROGRAMS



Tiny Tots Enrichment Programs



Grover Beach Community Center, 1230 Trouville Avenue
Preparing your child for future social and educational experiences!

TINYS (2 1/2 - 3 1/2 Years)

This class provides a fun learning experience which includes stories, crafts, music, games, and outdoor play; with a focus on the development of socialization and cooperative skills.

Days: Mon/Fri or Tues/Thurs
Times: 9:00 a.m. to 12:00 p.m.
Fees: \$125 per month
Instructor: Sandy Mershon



KINDERPREP (3 1/2 - 5 Years)

This combo class (Advanced Tinys / KinderKids) will offer challenges of pre-math and pre-reading activities, cutting with scissors, music and movement, dramatic play and so much more!

Attendance can be two or three days; the three day program is suggested for children who will attend kindergarten in Fall 2016.

Days: Tues/Thurs:
Times: 12:30 p.m. to 3:30 p.m. **or**;
Days: Tues/Wed/Thurs:
Times: 12:30 p.m. to 3:30 p.m.
Fees: \$125 per month/ Two day session
\$145 per month/ Three day session
Instructor: Sandy Mershon

ADVANCED (3 1/2 - 5 Years)

This class is for older preschool children. It introduces colors, shapes, numbers, letters, and includes art, games, Play-Doh™, music and movement.

Days: Tues/Thurs
Times: 9:00 a.m. to 12:00 p.m.
Fees: \$125 per month
Instructor: Anna Lanier



KINDERKIDS (4 - 5 Years)

This Kindergarten readiness class prepares the child for the academic challenges ahead. This class provides learning experiences through art projects, games, Play-Doh™, music and movement, and dramatic play.

Days: Mon/Wed/Fri
Times: 9:00 a.m. to 12:00 p.m.
Fees: \$145 per month
Instructor: Anna Lanier



KINDERPREP (3 1/2 - 5 Years)

This combo class (Advanced Tinys/KinderKids) will offer challenges of pre-math and pre-reading activities, cutting with scissors, music and movement, dramatic play and so much more!

Attendance can be two or three days; the three day program is suggested for children who will be attending kindergarten soon.

Days: Mon/Wed/Fri:
Times: 12:30 p.m. to 3:30 p.m.
Fees: \$145 per month/ Three day session
Instructor: Anna Lanier



LOOKING FOR A TENNIS INSTRUCTOR

Are you looking for a fun job during summer? Grover Beach Parks and Recreation is looking for a fun experienced tennis instructor to teach this season.

Call 473-4580 for more information.

Advertise your business!

Place an ad in the **Summer 2017 Activity Guide.**

The Summer Activity Guide will be in production in March for distribution by the middle of May, highlighting activities in the months of May– September and mailed to 27,000 homes in the Five Cities.

Call (805) 473-4580 for more information.



BOYS & GIRLS CLUB
OF SOUTH SAN LUIS OBISPO
COUNTY



Safe Affordable Fun

805-481-7339—1830 19th St, Oceano—www.bgcslo.org

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



ADULT PROGRAMS

TAI CHI

Based on **Sun Style Tai Chi**, this program uses flowing movements to increase muscular strength and balance while protecting joints & decreasing stress. Class includes warm-up exercises and movement sequences in an innovative teaching format that helps facilitate safe learning.

Tai Chi may be performed in a chair or walker.

Instructor, **Dr. Kathryn Phelan**, will facilitate this ongoing class utilizing programs developed by Dr. Paul Lam, including Tai Chi for Arthritis, Diabetes, and Rehabilitation.

Ages: 16 to Adult
Dates: Mondays
Location: Ramona Garden Park
993 Ramona Avenue
Time: 1:00 p.m. to 2:00 p.m.
Fee: \$25 per month



ACRYLIC & OIL PAINTING



This class caters to the first time beginner student, as well as intermediate/advanced artists with prior experience.

Instructor **Kristopher Doe** provides instruction and encouragement in a creative environment.

Ages: 18 to Adult
Dates: Fridays
January 27– April 14
Time: 1:00 p.m. to 4:00 p.m.
Location: Ramona Garden Park
993 Ramona Avenue
Fee: \$200



Supply list provided at time of registration.

BEGINNER UKULELE I

This is a very beginning level class for learning to play the ukulele. A few chords and some simple strumming techniques are taught that will allow you to play hundreds of songs. You will be playing songs the first night and by the eighth session we'll all be jamming. Really! We will use written song/chord sheets as well as do some playing by ear. Reading musical nomenclature is not needed to enjoy this class. Playing the ukulele can open up a wonderful world of musical experiences for you.

Dates: Tuesdays, January 10 to February 28
Time: 4:00 p.m. to 5:30 p.m.
Fee: \$100 plus material fee

Instructor, Richard Simpson, is a retired local school principle and a long time ukulele player.
Location: Grover Beach Community Center, 1230 Trouville Avenue
Ages: Ages 10 and older

LIST OF STUDENT MATERIALS NEEDED:

1. A *Ukulele* any size or shape, that is tuned to the standard ukulele GCEA tuning.
2. A standard three hole notebook binder for holding class songbook and materials.
3. A simple electronic tuner is most highly recommended
4. A music stand is desirable, but not required.



New Workshop!

UKULELE U

This five session workshop is for ukulele players who have progressing beyond simple beginning ukulele. In the workshop we will work on skills like tablature and chord melody, picks and strumming, and playing up the fretboard. We will be playing familiar chords and new ones too and playing songs in a variety of genre. This is a participatory workshop and you may be asked to contribute, play solo or duet, as well as our group strumming. Primarily it is designed to have fun while learning new things with our ukuleles.

Dates: Tuesdays, January 10 to February 7
Time: 7:00 p.m. to 8:45 p.m.
Fee: \$63 plus material fee

Sign up early!
These classes fill up quickly!

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



REGISTRATION INFORMATION

WALK - IN REGISTRATION

Cash or check only accepted at
Grover Beach City Hall,
154 S. 8th Street

Monday thru Friday, 8:00 a.m. to 5:00 p.m.

MAIL—IN REGISTRATION (CHECK ONLY)

To register for a class or activity by mail:

1. Complete a registration form
(available online at www.grover.org)
2. Include a check or money order payable to:
"City of Grover Beach"
DO NOT mail cash!
3. **Mail to:** Grover Beach Parks & Recreation
154 S. 8th Street, Grover Beach CA 93433

We are here to help you! Please contact us if you
require further assistance ~ (805) 473-4580

REGISTER EARLY! Avoid Class Cancellations!

Pay by Credit Card with no additional fees!

Go to www.grover.org and select:

"Online Payments"

Scroll down the page to:

"Recreation Classes and City Facilities"

1. Set up an account by clicking on
"Create Account"
2. Go to the class registration page by
selecting "View Classes"
3. Click "Reserve" for a facility or park

Best Choice!

You can also use this site to make a donation
to the Parks and Recreation Department to
help fund special events!

PARK RENTAL INFORMATION

GROVER BEACH PARKS

16th STREET PARK

S. 16th Street and Mentone Avenue

GOLDEN WEST PARK

End of Jennifer Court

GROVER HEIGHTS PARK

N. 10th Street and Atlantic City Avenue

HERO COMMUNITY PARK

Farroll Road and S. 16th Street

MENTONE BASIN PARK

S. 16th Street and Mentone Avenue

RAMONA GARDEN PARK GAZEBO

N. 9th Street and Ramona Avenue

Reserve a park for your special
event and pay by credit card!
No additional fees!
Go to: www.grover.org



We are here to help you! Please
contact us if you require further
assistance ~ (805) 473-4580

FEES: (All rentals are for the entire day)

BBQ Key Deposit: \$22.00

GROVER HEIGHTS - LOWER BBQ AREA:

1-60 person capacity

Grover Beach residents: \$56.00

Non-residents: \$61.00

GROVER HEIGHTS - UPPER BBQ AREA:

1-60 person capacity

Grover Beach residents: \$66.00

Non-residents: \$74.00

16th STREET PARK - COVERED BBQ AREA:

1-100 persons in rental party

Grover Beach residents: \$83.00

Non-residents: \$91.00

101- 150 persons in rental party

Grover Beach residents: \$94.00

Non-residents: \$103.00

Group barbecue area reservations are accepted for
16th Street Park and **Grover Heights Park**.
Rental includes private use of the barbecue pit and
picnic tables adjacent to the barbecue.
Other areas of the park may be reserved in
addition to the barbecue area, however; they are not
included in the barbecue area reservation.

Bounce Houses are allowed with barbecue area rentals
only. The following fees apply:
Fee: \$28 ~ Deposit: \$33.00

Note: Bounce House companies are required to meet
City of Grover Beach insurance and tax requirements.
For a list of approved vendors,
please call (805) 473-4580

Additional fees may apply for the reservation of athletic fields, tennis courts, volleyball courts, and horseshoe pits.
Sports equipment is also available to rent. **Electrical outlets are not included in rental fee.**

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



FACILITY RENTAL INFORMATION

GROVER BEACH FACILITIES

GROVER BEACH COMMUNITY CENTER

1230 Trouville Avenue

Complete kitchen facilities, a stage with curtains, dance hall, PA system with earphone jack, TV/DVD and outdoor barbecue pit.

Capacity: 417 standing, 194 seated.

RAMONA GARDEN PARK CENTER

993 Ramona Avenue

Complete kitchen facilities, dance floor, PA system with CD player, outdoor barbecue pit, TV, private conference room.

Capacity: 200 standing, 125 seated.

RAMONA GARDEN PARK GAZEBO

N. 9th Street and Ramona Avenue

FACILITY RENTAL FEES

Ramona Garden Park Center & Grover Beach Community Center

	<u>Grover Beach Non-Profit</u>	<u>Other Non-Profit</u>	<u>Grover Beach Resident</u>	<u>Non-Resident</u>
Weekday Hourly	\$29.00	\$36.00	\$66.00	\$73.00
Weekend Hourly	\$37.00	\$48.00	\$87.00	\$95.00
Weekend (all day) (12 hours minimum)	\$342.00	\$429.00	\$817.00	\$898.00
<u>Deposits</u>				
* Low Impact	\$174.00	\$217.00	\$674.00	\$726.00
** High Impact	\$217.00	\$272.00	\$986.00	\$909.00
Gazebo Rental (2 Hours)			\$ 82.00	\$ 90.00
Each additional hour: \$21.50				

USER GROUP DEFINITIONS:

City Sponsored: Activities sponsored by the City of Grover Beach Parks and Recreation Department, or used by a Federal, State, or Local Government Agency.

Grover Beach Non-Profit: Non-profit agencies or other groups that by nature serve the needs of the City and Community and are based in Grover Beach. The Agency's mailing address must be in Grover Beach.

Other Non-Profit: Non-profit agencies or other groups that by nature serve the needs of the Community. Address not located in Grover Beach. Must be approved by the Parks and Recreation Program Director.

Private Resident & Non-Resident: All groups or individuals that do not qualify as City Sponsored, Grover Beach Non-Profit or Other Non-Profit.

Impact Definitions:

* **Low Impact:** Event is defined as any meeting/party/event which **DOES NOT** include any of the Following: food, drink, alcohol served or sold, band or DJ, bounce house and/or pony rides.

** **High Impact:** Event is defined as any meeting/party/event which **DOES** include any of the following: Food, drink, alcohol served or sold, band or DJ, bounce house and/or pony rides.

Additional fees may be incurred for amenities such as: chairs, tables, projection screen, etc.

Events including alcohol and/or band/DJ will require security guards.

All events including alcohol will require Certificate of Liability Insurance.

NOTE: Special Use Deposits may apply for events with high risk elements not otherwise listed above. Call (805) 473-4580 for more information.

Grover Beach Parks and Recreation Department: (805) 473-4580

Government Access Cable Channel 20 ~ www.grover.org



SPECIAL EVENTS

11th ANNUAL BLACK & WHITE BALL - JANUARY 9TH



Join us for a fun-filled afternoon to celebrate our 12th Annual Black & White Ball. Bring a friend or your loved one along, and be dressed to impress

in your formal best! We have a fantastic afternoon planned filled with fun, dancing, and musical entertainment. Lunch and dessert will be provided for your enjoyment.

- Ages:** 50+
- Days/Dates:** Mon, Jan 9th
- Time:** 1:00 - 3:30 PM
- Fee:** \$7/person
- Location:** Pismo Beach Veterans' Hall

MOTHER'S DAY CONCERT - MAY 14TH



The City of Pismo Beach Recreation Division proudly presents the Mother's Day concert at Pismo Beach Rotary Amphitheater at Dinosaur Caves Park.

As always, these community events are FREE! Make sure to bring your lawn chairs for seating or blankets for use on the park's expansive lawn overlooking the

Pacific Ocean! If you work up an appetite, don't worry, there will be refreshments for sale from local vendors including Mr. Dog!

For more information, please contact the City of Pismo Beach Recreation Division at 805-773-7063 or visit www.pismo-beach.org.

CITY HALL INFORMATION

City Hall Hours: Monday - Friday, 8:00 AM - 5:00 PM
760 Mattie Road, Pismo Beach, California 93449
(Located next to McLintocks Restaurant)
Tel: 805-773-4657 Web: www.pismo-beach.org

CITY MANAGER

James R. Lewis

CITY COUNCIL

Ed Waage, Mayor
Marcia Guthrie, Councilmember
Erik Howell, Councilmember
Mary Ann Reiss, Councilmember
Sheila Blake, Councilmember

City Council meetings are held the 1st and 3rd Tuesday of each month in City Hall Council Chambers at 5:30 pm.



CITY DEPARTMENTS

Administration Department	773-4657
Community Development	773-4658
Conference & Visitor Bureau	773-7034
Fire Department (non-emergency)	773-7031
Police Department (non-emergency)	773-7029
Public Works	773-4656
Recreation	773-7063

PARKS, RECREATION, AND BEAUTIFICATION COMMISSION

Ron Rodriguez, Chair
Cyndi Johnston, Commissioner
Sandra Gore-Nielsen, Vice-Chair
Tom Burgher, Commissioner
Danilu Ramirez, Commissioner

RECREATION DIVISION

Community Development Director - Jeff Winklepleck
Tel: 773-4658 Email: jwinklepleck@pismo-beach.org
Recreation Manager - Colleen Ghiglia
Tel: 773-7063 Email: cghiglia@pismo-beach.org
Facility Coordinator - Vicki Davenport
Tel: 773-7039 Email: vdavenport@pismo-beach.org
Recreation Coordinators - Rachel DuVal, Jessica Marsalek, Bonnie Pack - Tel: 773-7063
Volleyball Coordinator - Ernie Santa Cruz
Tel: 481-8334 Email: emlesc@aol.com
Graphic Designer - Kathy Schwartz

PARKS DIVISION

Public Works contact information:
Tel: 773-4656 Email: eolsen@pismo-beach.org
Planning Manager (Parks) - Matt Everling
Tel: 773-4658 Email: meverling@pismo-beach.org

PARKS MAKE LIFE BETTER!

SPECIAL EVENTS



*The City of Pismo Beach
Recreation Presents*

BOOTS & Bling



*Father
Daughter
Dance*

Saturday, February 4th

6:00 to 8:30 pm

at Pismo Beach Veterans' Hall

Ages 3 to 18 • \$35 per couple, each additional child: \$10

Pre-registration required

City of Pismo Beach Recreation 773-7063 • www.pismo beach.org

SPECIAL EVENTS



FREE!

FREE!

ANNUAL EASTER EGG- STRAVAGANZA

Saturday, April 15th

10:00 AM - 1:00 PM

Dinosaur Caves Park in Shell Beach

BOUNCE HOUSES
& MORE!

GAMES,
CRAFTS

HUNT TIMES:

AGES 3 & UNDER
10:10 AM

AGES 4-6 -
10:40 AM

AGES 7-9 -
11:10 AM

AGES 10-12 -
11:40 AM

Thank You
to Our
Sponsors!



Zorro's

COAST NEWS



For more information, contact
The City of Pismo Beach Recreation Division
773-7063, or visit www.pismoeach.org

PARKS MAKE LIFE BETTER!

YOUTH CAMPS



Get Fit - Improve Your
Volleyball Skills -
Have Fun!

Learn the Sand Game or Take It to the Next Level

3 Skill Levels - No Partner Required

**- Tournaments Optional -
WADSWORTH COURTS AT
PISMO BEACH**

**GRADES 6TH - 12TH IN THE FALL
SPRING SESSION:**

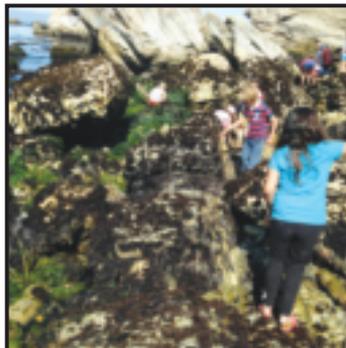
Mondays - May 1st - June 5th - \$85

www.pismobeachvolleyballclub.com

REGISTER HERE: www.pismobeach.org

805-773-7063

New! SEAWEED, SNAILS AND GRAY WHALE TAILS



What's beneath the crashing waves and above the ocean floor? Is a jellyfish made of jelly? Why does the ocean change? What is the largest animal in the world and where does it live? Find out with an up-close look at the marine life! This hands on, exploration based spring break camp will have campers excited about the ocean. Each day, students will make a trip to the beach or park for

more fun, games and exploration! This camp is taught by Valerie Powell whom has 10 years of teaching outdoor education, a Bachelor of Science degree and her Master of Arts in Teaching. She is first aid and CPR certified. **Please bring a lunch, jacket, water bottle, sunscreen and a change of clothes each day!**

Ages: Children entering 1st - 5th grades

Dates: Monday-Friday, April 17th-21st

Time: 9:00 AM - 3:00 PM

Fee: \$160

Location: Shell Beach Veterans' Community Building

Instructor: Valerie Powell

MOONDOGGIES SURF CAMP



Students will learn how to surf with the experts from Moondoggies Beach Club (instructors with CPR & First Aid Training), emphasizing water

safety and surfing etiquette. Students will learn how to stand and maneuver on a surfboard, and how to spot and avoid riptides. Basic swimming skills required. Fee includes equipment, goodie bag and camp t shirt. **This camp requires a minimum of 3 students and a max of 10.** Campers are asked to meet at Moondoggies at: 781 Dolliver St. in Pismo Beach.

AGES: 8-17

DAYS/DATES: Session 1: Tues.-Thurs., April 18th - 20th

TIME: 9:00 AM - 11:30 AM

FEE: \$115/three-day session

INSTRUCTOR: Moondoggie's staff

YOUTH BEACH VOLLEYBALL CAMP



We are excited to once again offer our spring beach volleyball camp for kids! This four day camp will cover the procedure, point earning, rules, techniques and strategy needed to succeed in the sport. Whether you are a beginner, intermediate, or advanced this camp will give you a step up on your competition while having fun all at the same time! Advanced registration required. **This class requires a minimum of 8 students.**

Ages: 10-15

Days/Dates: Mon. - Thurs., April 17th - 20th

Location: Wadsworth courts (end of Wadsworth Ave.)

Time: 9:00 - 11:00 AM

Fee: \$80 per person

Instructor: Claudia Trudeau

CREATIVE KIDS CLASSES

Diana Lynn Carter has been an artist in residence in Central Coast schools and performing arts studios since 1996. She enjoys sharing her passion for the creative arts with children of all ages. Diana has acted in commercials, on stage, and has performed as a voice actor in film, TV, and children's radio. A musician since childhood, she has also performed contemporary music as well as children's concerts. Diana is a published composer and playwright. She has recorded several children's music and contemporary music albums, is author of musical plays, and producer of music videos. Her latest children's music album, "Creative Kids," features songs from two of our Creative Kids teachers, Diana and Lindsay, and is now available on iTunes and www.slosong.com.

Whitney Almaguer is a Central Coast native with 16 years of experience as a dancer and performer. She has taught preschool and performing arts education. Whitney studied early

childhood education and earned her bachelor's degree in psychology from Columbia College. She has been a dance coach, choreographer, is an artist in residence in local schools and a teaching artist with Creative Kids. Whitney is the author of children's plays and the mother of three creative children.

Lindsay Carter Coates is a Central Coast native. She has 22 years of dance training and performance experience and has been teaching since she was 17. Lindsay earned her B.S. in Anthropology at UCSB. While living in Los Angeles, she managed a successful dance studio and performed music. As a musician/singer, Lindsay was featured in two music albums in 2016. She is a teaching artist at Creative Kids, Central Coast, and an artist in residence in local schools. Also certified to teach yoga, Lindsay enjoys teaching yoga, dance and our theater camps.

SPRING BREAK THEATER CAMP

Students will be acting, singing, doing improvisation and art, practicing yoga and performing! The students will learn songs, simple choreography, and memorize their lines in the intensive one-week camp and perform it on the last hour of the Friday class for friends and family. Previous experience is not necessary. Student must be able to work well with others. Students should wear comfortable clothes, bring a water bottle, a healthy snack, lunch, and a yoga mat. Students should be comfortable readers so they can read the play scripts. Parents can e-mail Diana at creativekidscentralcoast@gmail.com with questions. **This class requires advanced registration and requires a minimum of 8 students, maximum of 16 students.**

Ages: 6-12
Days/Dates/ Monday-Friday, April 17th - 21st
Time: 9:00 AM - 3:00 PM
Fee: \$185
Location: Pismo Beach Veteran's Hall
Instructor: Diana Lynn Carter, Lindsay Carter Coates, Whitney Almaguer

BEGINNING JAZZ/HIP HOP

Join us for beginning jazz dance! In this class, we will have fun learning the basics of Jazz and hip-hop dance technique. This class is for kids ages 7-10, who are new to dance, or want to brush up on their technique. **This class requires a minimum of 4 students and has a maximum of 12.**

Ages: 7-10
Days/Dates: Tuesdays
 Session 1: January 17th – February 14th
 Session 2: February 21st – March 21st
 Session 3: March 28th – April 11th
Time: 3:30 - 4:30 PM
Fee: \$50 for 5 weeks, \$30 for 3 weeks
Location: Shell Beach Veterans' Community Building
Instructor: Lindsay Carter Coates, for more information visit www.creativekidscentralcoast.com or email creativekidscentralcoast@gmail.com

LITTLE PERFORMERS

Children will sing, dance, act and learn basic performance techniques.

Ages: 4-6
Days/Dates: Wednesdays
 Session 1: January 18th – February 15th
 Session 2: February 22nd – March 22nd
 Session 3: March 29th – April 12th
Time: 3:30 - 4:30 PM
Fee: \$50 for 5 weeks, \$30 for 3 weeks
Location: Shell Beach Veterans' Community Building
Instructor: Whitney Almaguer and Diana Lynn Carter



MUSIC AND THEATER CLUB

Students will sing, act, perform comedy improvisation, dance and practice performance techniques.

Ages: 7-12
Days/Dates: Thursdays
 Session 1: January 19th – February 16th
 Session 2: February 23rd – March 23rd
 Session 3: March 30th – April 13th
Time: 3:30 - 4:30 PM
Fee: \$50 for 5 weeks, \$30 for 3 weeks
Location: Shell Beach Veterans' Community Building
Instructor: Diana Lynn Carter



MUSICAL TODDLERS

Children ages 2-3 will enjoy singing, dancing, theater games, dance, rhythm and percussion and story time. Parents are encouraged to participate although it is not required, unless the child is more comfortable with parent participation. Students have the opportunity to perform. This class requires a minimum of four students and has a maximum of eight students.

Ages: 2-3
Days/Dates: Fridays
 Session 1: January 20th – February 17th
 Session 2: February 24th – March 24th
Time: 10:45-11:30 AM
Fee: \$50 for 5 weeks
Location: Shell Beach Veterans' Community Building
Instructor: Diana Lynn Carter and Whitney Almaguer

PARKS MAKE LIFE BETTER!

YOUTH CLASSES

BABYSITTING CLASS

This course is designed to instruct babysitters on infant and child safety, CPR techniques, relief of airway obstruction (choking), healthy food selections, basic first aid, and other necessities of a responsible babysitter. This babysitting class follows the course content of the American Heart Association's Pediatric Basic Life Support course in regard to CPR and choking. Students will need to bring a snack and lunch. ***This class requires advanced registration and needs to meet a min. of 10 students.***

Ages: 11+
Days/Dates: Sat., March 11th or Sat., May 13th
Time: 9:00 AM - 3:00 PM
Fee: \$42.00/includes book & certificates
Location: Shell Beach Veterans' Community Building
Instructor: Dawn Valencia

CPR/AED CERTIFICATION

Do you need a CPR certification for work? Would you like to learn how to help out in case of an emergency? The City of Pismo Beach is proud to offer our new Adult, Child, Infant CPR/Choking/AED Certification course! This course is taught through Safety First Seminars. Upon successful completion of this course students will receive an American Heart Association completion card which is valid for two years. ***This class requires advanced registration and needs to meet a min. of 8 students.***

Ages: 15+
Date: Sat., April 15th
Time: 9:00 AM - 3:00 PM
Fee: \$70
Location: Shell Beach Veterans' Community Building
Instructor: Dawn Valencia

JUDO

Central Coast Judo would like to welcome both kids and adults from the community to come down to the dojo and become a part of our club. In our club you will learn throwing, grappling, joint locks, control holds, immobilizing techniques & Judo competition skills. A variety of drills are used to reinforce the basic fundamentals of Judo and prepare judokas for competition. Judo is practiced on cushioned mats and emphasizes safety and full physical activity for top conditioning. www.centralcoastjudo.com.

Ages: Kids: 5-10; Juniors: 11-14 and Adults: 14+
Days/Dates: Mondays and Wednesdays ongoing *Starting Jan. 9
Time: 6:00 - 7:00 PM (5-10yrs); 7:00 - 8:00 PM (11-13yrs); 7:30-9:00 PM (14+)
Fee: \$35/month, \$25 for each additional family member
Location: Pismo Beach Veteran's Hall
Instructor: Chris Balsillie

PICKLEBALL CLINICS/LESSONS WITH RICHARD DORMAN

Learn to play pickleball or improve your already impressive pickleball game! These lessons offer friendly, enthusiastic instruction specifically tailored to each individual's skill level. Whether you're a beginner building your pickleball swing from scratch, or an advanced player in need of a little challenge, this instructor will give you the guidance you need. Have fun playing one of the fastest growing sports played in the US! Just be aware... this game is addicting!

Ages: All
Days/Dates: To schedule lessons or clinics contact the Pismo Beach Recreation Division at 773-7063 or Richard Dorman .. at r.dorman@hotmail.com or (310) 692-0012.
Fee: \$55 for a group session of four 50 minute lessons; For private lessons - \$40/hour; \$25 per 1/2 hour
Location: Shell Beach Tennis/Pickleball Courts
Instructor: Richard Dorman

PISMO BEACH VOLLEYBALL CLUB - SPRING SESSION

Learn the sand game or take it to the next level! 3 skill levels, no partner required!

Ages: Currently in 5th through 8th grade
Days/Dates: Mondays, May 1st - June 5th
Time: 5:00 PM - 7:00 PM
Fee: \$85
Location: Shell Beach Veterans' Community Building

SHOTOKAN KARATE (Karate-Do)

Shotokan Karate (Karate-do) is a traditional Japanese martial art. Originating in Okinawa, it was introduced into mainland Japan in 1922 by Master Gichin Funakoshi and was brought to the USA in 1955 by Mr. Tsutomu Ohshima. Participants will learn various self-defense techniques including blocks, strikes, kicks, joint locks, and throws. Other benefits of regular karate practice include the development of increased focus and discipline, flexibility and balance, aerobic conditioning, and greater self-confidence. Karate practice is divided into three areas: kihon (basic techniques), kata (forms), and kumite (sparring). For more info. visit <http://www.pismoska.org>.

Ages: 10+
Days/Dates: Tues. & Thurs., ongoing, starting Jan. 3rd
 *NO CLASS, April 17th and April 19th
Time: 7:00 - 8:30 PM
Fee: \$40 per month (Adult); \$20 per month (Youth)
 *Annual membership fee to Shotokan Karate of America: \$75
 Pismo Beach Veterans' Hall
Instructor: Martin McGrail; (805) 904-3120 or email: mmcgrail@pismoska.org



STAND UP PADDLE (SUP) BOARDING

Stand Up Paddle Boarding (SUP) is one of the fastest growing water sports! Come learn how to glide along the waters of the Central Coast. This two-hour American Canoe Association Course will help to develop a foundation of skills and fun for the entire family. All gear provided. ****MADE BY APPOINTMENT ONLY!***

Ages: 12+ (with an adult)
Days/Dates: Weekends, by appointment
Time: Made by appointment
Fee: \$75/per 2-hr session
Instructor: Tom Reilly, 723-3500

YOUTH CLASSES

TENNIS CLASSES WITH COACH PATIENCE

Enjoy learning the lifetime sport of tennis while having fun! Beginning tennis skills are taught through effective drills, games and play. If you don't have a racquet, don't worry, Coach Patience has one for you! Adaptive tennis lessons are available. Coach Patience is a certified USPTA Tennis Pro, has 25+ years of teaching experience, speaks Spanish, and is CPR/First Aid certified. **Advanced registration is required; minimum of 4 students required. Private lessons available upon request!**

Ages: K – 7th grade (Age groups created as sign ups occur)
Dates: One day clinics on Saturdays, ongoing
Time: 9:00 – 9:45 AM or 9:45 – 10:30 AM or by appointment
Fee: \$25
Location: Shell Beach Tennis Courts
Instructor: Coach Patience

TENNIS LESSONS WITH RICHARD DORMAN – YOUTH 4-WEEK CLINICS

These lessons offer friendly, enthusiastic instruction specifically tailored to meet your individual needs. Whether a beginner, building a tennis swing from scratch, or an advanced player in need of fine tuning, your tennis game will improve and you will have more fun playing!

Ages: All
Dates: To schedule lessons or youth clinics contact the Pismo Beach Recreation Division at 773-7063 or Richard Dorman at r.dorman@hotmail.com or (310) 692-0012.
Fee: \$55 per group session; \$40 per private lesson; \$25 per 1/2 hour
Location: Shell Beach Tennis Courts
Instructor: Richard Dorman

ADULT PROGRAMS

ACTIVE ADULT SOCIALS - SENIOR DANCE



We invite all you dancing guys and gals to join us at our monthly themed dance event, and take advantage of the live music, dancing, friends, and refreshments you can handle! A delicious lunch is included! Music from Basin Street to Broadway provided by The Swingin' Bridge Band.

Ages: 50+
Days/Dates: 2nd Monday of every month
Time: 12:30 – 3:00 PM
Fee: \$7 per person
Location: Pismo Beach Veteran's Hall

BALLROOM DANCE - ALL LEVELS

Students will learn Ballroom dance including: the Waltz, Foxtrot, Tango and more! Syncopation techniques and styling for all levels-beginning, intermediate, and advanced will be taught. Dancers are welcome to stay after the class for open dance!

Ages: 18+
Days/Dates: Mondays, ongoing beginning Jan. 9th
Time: 7:00 – 8:00 PM
Fee: \$20.00 per month/\$5.00 drop-in fee
Location: Pismo Beach Veterans' Hall
Instructor: Liliana Graham

NEW! BEGINNING DRAWING

In this class students will learn ways of seeing and drawing following a step-by-step method, from roughing-out to final details, exploring the basic tools of line, value, form, space and texture. Perspective will also be addressed as this is essential for good composition. Subjects will be, still life compositions, landscapes and the human form. All levels are welcome. Please call for supply list.

Ages: 18+
Days/Dates: Mondays, January 23rd - March 27th
Time: 1:00 PM – 3:00 PM
Fee: \$88.00 for six week session
Location: Shell Beach Veterans' Community Building
Instructor: Anne Grannis

BRAIN GYM

Brain Gym uses re-patterning exercises to reprogram the nervous system, spinal muscles and various systems in order for them to work optimally together. It includes a series of physical exercises to develop the brain's neural pathways the way nature does through movements. Join a Brain Gym class to become more creative, peaceful and productive!

Ages: 18+
Days/Dates: Mondays, February 6th – March 6th
Time: 11:00 AM – 12:00 PM
Location: Shell Beach Veterans' Community Building
Fee: \$50.00 for 5 week session or \$12 drop-in fee
Instructor: Nisa King, MA; www.NisaKing.com

BRIDGE (EASYBRIDGE!) FOR BEGINNERS

In this class/game you'll learn new conventions and build on the skills you developed in *Easybridge!* 1. Following the proven *Easybridge!* format, you'll continue to learn bridge by playing bridge! *Easybridge!* is fun, a great way to make new friends, and good for the brain as well. Tom Snow is a director for the Five Cities Duplicate Bridge Club. He is recognized as one of the top players and bridge instructors on the Central Coast.

If you missed *Easybridge!* 1 and you've never played bridge, played a little bridge, or played long ago, please contact instructor Tom Snow, he'll get you up to speed.

Ages: All
Days/Dates: Wednesdays, January 11th – March 15th
Time: 1:00 - 4:00 PM
Location: Pismo Beach Veteran's Hall
Fee: \$18 for the first class and *Easybridge!* 2 book, then \$6/class or \$45 for 9 remaining classes book available for \$13 at first class
Instructor: Tom Snow (For additional information, please contact instructor at coinerbop@gmail.com)

CALLING ALL INSTRUCTORS!

Do you have a special skill in the arts, such as singing or acting, or perhaps you are a coach, or have to desire to teach? WE WANT YOU! Become an instructor for the Recreation Division, earn some extra money, and support your community. Please call 773-7063 for more information.

PARKS MAKE LIFE BETTER!

ADULT PROGRAMS

BRIDGE (EASYBRIDGE! 3) FOR ADVANCING PLAYERS

In *Easybridge! 3* you'll continue to learn new conventions and card-playing techniques. You'll be playing with more confidence each week in games directed by Tom Snow.

Ages: All
Days/Dates: Wednesdays, March 22nd – May 24th
NO CLASS, April 17th and April 19th
Time: 1:00 - 4:00 PM
Location: Pismo Beach Veteran's Hall
Fee: \$18 for the first class and *Easybridge! 3* book, then \$6/class or \$45 for 9 remaining classes
book available for \$13 at first class
Instructor: Tom Snow (For additional information, please contact instructor at coinerbop@gmail.com)

CPR/FIRST AID, and AED CERTIFICATION

Do you need a CPR/First Aid certification for work? Would you like to learn how to help out in case of an emergency? The City of Pismo Beach is proud to offer our new Adult, Child, Infant CPR/First Aid, Choking/AED Certification course! This course is taught through Safety First Seminars. Upon successful completion of this course students will receive an American Heart Association completion card which is valid for two years. **This class requires advanced registration and needs to meet a min. of 8 students.**

Ages: 15+
Days/Dates: Saturday, April 15th
Time: 9:00 AM- 3:00 PM
Location: Shell Beach Veterans' Community Building
Fee: \$70
Instructor: Dawn Valencia

NEW! CROCHET

Would you like Crochet is fun to learn and faster than knitting. With four basic stitches, you can make an infinite variety of projects in a short period of time. Students will learn not only the basic crochet stitches, but you will also learn about gauge, yarn weights and correlation hooks, crochet tools, reading basic crochet directions, and how to read yarn labels. Crochet is wonderful as an embellishment for knitted or woven projects. Beginners bring to first class a crochet hook that feels comfortable in your hand and skein of yarn. Yarn should be approximately the same thickness as the hook.

Ages: 18+
Days/Dates: Fridays, January 13th – February 3rd or
March 17th – April 7th
Time: 1:00 - 2:30 PM
Location: Shell Beach Veterans' Community Building
Fee: \$39
Instructor: Anne Grannis

JUDO

Central Coast Judo would like to welcome both kids and adults from the community to come down to the dojo and become a part of our club. In our club you will learn throwing, grappling, joint locks, control holds, immobilizing techniques & Judo competition skills. A variety of drills are used to reinforce the basic fundamentals of Judo and prepare judokas for competition. Judo is practiced on cushioned mats and emphasizes safety and full physical activity for top conditioning. www.centralcoastjudo.com.

Ages: Kids: 5-10; Juniors: 11-13 and Adults: 14+
Days/Dates: Mondays and Wednesdays ongoing *Starting Jan. 4
Time: 6:00 – 7:00 PM (5-10yrs); 7:00 -8:00 PM (11-14yrs);
7:30-9:00 PM (15+)
Fee: \$35/month, \$25 for each additional family member/ *\$50 annual USJF membership fee
Location: Pismo Beach Veteran's Hall
Instructor: Chris Balsille

DOG OBEDIENCE

Our friendly and professional dog trainer covers basic and advanced lessons including basic commands, walking on a loose leash, and much more. The courses offered are tailored to fit the personality of individual dogs and their owners in an effort to be effective, pleasurable, and successful. All dogs must present proof of DHLPP, bordetella and rabies vaccinations at their first class. Please note, testing fees are not included in price. Therapy Dog Testing with TDI is separate from class.

Ages: 14+ with parent supervision
Location: Spyglass Park
Instructor: Eva Keehn- for any questions please contact at (805) 720-3198 or email: positiveenergydt@gmail.com; visit: www.positiveenergydogtraining.org

Days/Dates/Time:

Saturdays: Session 1: Jan. 21st - March 4th OR
Session 2: March 11th - April 22nd
Tuesdays - Session 1: Jan. 17th – Feb. 28th OR
Session 2: March 7th - April 18th

OBEDIENCE TRAINING

Time: 10:00-11:00 AM (Tuesday/Saturday)
Fee: \$79 per session

THERAPY DOG TRAINING CLASS

Time: 11:00 AM -12:00 PM (Tuesday/Saturday)
Fee: \$89 per session
***Testing fees are not included in price.**
Therapy Dog Testing with TDI is separate from class.

BEGINNERS AGILITY CLASS (for dogs 45 pounds or less)

Time: 12:00 - 1:00 PM (Tuesday/Saturday)
Fee: \$99 per session

LATIN AMERICAN DANCE - ALL LEVELS

This dance class teaches several Latin American favorites including: Salsa, Cumbia, Cha-Cha-Cha, Meringue and more! Syncopation techniques and styling for all levels from beginning to intermediate, and advanced. No partner is necessary for this class. Dancers are welcome to stay after the class for open dance!

Ages: 18+
Days/Dates: Mondays ongoing beginning Jan. 9th
Time: 8:15 – 9:15 PM
Fee: \$20.00 per month/\$5.00 drop-in fee
Location: Pismo Beach Veterans' Hall
Instructor: Liliana C. Graham

PICKLEBALL CLINICS

Come join Pismo Beach Recreation for Pickleball clinics throughout the summer months. The clinics will be held the 2nd Saturday of every month. Beginners of all ages are welcome! The clinics will combine physical activity and social interaction. Clinics are FREE, but donations are appreciated. Loaner equipment is available. Wear proper athletic clothing. Pre-registration is required one week prior. For more information, contact Pismo Beach Recreation at 805-773-7063 to register.

Ages: All
Days/Dates: Saturdays, Jan. 21st and March 18th
Time: 9:00 AM – 10:00 AM
Location: Palisades Tennis Courts

ADULT PROGRAMS

PICKLEBALL PLAY

Pickleball is a fun sport that combines elements of tennis, badminton and ping-pong and is created for all ages and skill levels! Pickleball is played with composite/graphite paddles and a wiffle ball and is played on a smaller court than tennis. The game is easy for beginners to learn, but can develop into a quick, fast-paced competitive game for more experienced players. The courts are on a first-come, first-served basis.

Ages: All
Days/Times: Mon/Wed/Thurs: 9:00 AM – 12:00 PM
Saturdays: 3:00 PM – DUSK
Location: Palisades Tennis Courts

SHOTOKAN KARATE-DO

Shotokan Karate (Karate-do) is a traditional Japanese martial art. Originating in Okinawa, it was introduced into mainland Japan in 1922 by Master Gichin Funakoshi and was brought to the USA in 1955 by Mr. Tsutomu Ohshima. Participants will learn various self-defense techniques including blocks, strikes, kicks, joint locks, and throws. Other benefits of regular karate practice include the development of increased focus and discipline, flexibility and balance, aerobic conditioning, and greater self-confidence. Karate practice is divided into three areas: kihon (basic techniques), kata (forms), and kumite (sparring). For more information please visit <http://www.pismoska.org>.

Ages: 10+
Days/Dates: Tuesdays and Thursdays, ongoing beginning Jan. 3rd. *NO CLASS April 18th and 20th
Time: 7:00 PM – 8:30 PM
Fee: \$40 per month (Adult); \$20 per month (Youth)
Annual Membership fee to Shotokan Karate of America: \$75
Location: Pismo Beach Veterans' Hall
Instructor: Martin McGrail; (805) 904-3120
or email: mmcgrail@pismoska.org

TAI CHI

Join our Tai Chi class at the beach! Experience the many health benefits of this gentle exercise/"meditation in motion" while enjoying the fresh ocean air and the gorgeous coastal scenery! The style taught by Dr. Troy Smith is a culmination of 20 years of Tai Chi practice, based on several versions of Yang Family Tai Chi, integrating Taoist meditations and Dr. Smith's chiropractic perspective on joint health.

Ages: 18+ (Open to children if accompanied by a parent/guardian)
Days/Dates: Saturdays ongoing beginning Jan. 7th
Time: 10:00 – 11:00 AM
Fee: \$10/class - Your first class is FREE!
Location: Margo Dodd Park, Shell Beach
Instructor: Dr. Troy Smith, D.C. dr.troysmith@gmail.com
Please contact instructor before attending your first class.

TENNIS CLASSES WITH COACH PATIENCE

Enjoy learning the lifetime sport of tennis while having fun! Beginning tennis skills are taught through effective drills, games and play. If you don't have a racquet, don't worry, Coach Patience has one for you! Adaptive tennis lessons are available. Coach Patience is a certified USPTA Tennis Pro, has 25+ years of teaching experience, speaks Spanish, and is CPR/First Aid certified. **Advanced registration is required; minimum of 3 students required. Private lessons available upon request!**

Ages: 18+
Dates: One day clinics on Saturdays, ongoing
Time: 8:15 AM – 9:00 AM or by appointment
Fee: \$25
Location: Shell Beach Tennis Courts
Instructor: Coach Patience

TAI CHI CHUAN

The origin of Tai Chi Chuan is based in ancient Chinese martial arts. Today, many practice Tai Chi for its many health benefits, as the slow, gentle movements benefit people of all ages and fitness levels. Practicing the form will improve balance, muscle tone, and reduce blood pressure and stress. This class will cover the traditional Yang Family Long Tai Chi form as often seen practiced in parks of Chinese communities. A traditional Yang style practitioner for over 30 years. Instructor Howard Elston learned the Yang Family form from Grandmaster Tung Kai Ying.

Ages: 18+
Days/Dates: Tuesdays and Thursdays
Session 1: January 10th – March 2nd (16 classes)
Session 2: March 7th – May 4th (16 classes)
*NO Classes on April 18th and April 20th
Time: 12:30 - 2:00 PM
Fee: \$55.00 per 8 week session (16 classes)
Location: Shell Beach Veterans' Community Building
Instructor: Howard Elston

TAI CHI CHUAN - EVENING SESSION

The origin of Tai Chi Chuan is based in ancient Chinese martial arts. Today, many practice Tai Chi for its many health benefits, as the slow, gentle movements benefit people of all ages and fitness levels. Practicing the form will improve balance, muscle tone, and reduce blood pressure and stress. This class will cover the traditional Yang Family Long Tai Chi form as often seen practiced in parks of Chinese communities. A traditional Yang style practitioner for over 30 years. Instructor Howard Elston learned the Yang Family form from Grandmaster Tung Kai Ying.

Ages: 18+
Days/Dates: Thursdays
Session 1: January 12th – March 2nd
Session 2: March 9th – May 4th
*NO Classes on April 20th
Time: 6:00 - 7:30 PM
Fee: \$50.00 per 8 week session (8 classes)
Location: Shell Beach Veterans' Community Building
Instructor: Howard Elston

WATERCOLOR CHALLENGES

Challenge yourself by exploring different techniques and materials each week to add to your watercolor "bag of tricks" and enhance your watercolor paintings. Pushing yourself to try something new to your painting experience can help you reach a whole new level of expertise. Most of all, trying new approaches adds to the joy of watercolor painting. The class is designed for experienced painters. Come and accept the challenge! ***Please contact the instructor for list of materials.**

Ages: 18+
Days/Dates: Wednesday
Session 1: February 1st – March 8th
Session 2: April 5th – May 17th
Time: 9:00 AM – 12:00 PM
Fee: \$75.00 per 6-week session
Location: Shell Beach Veterans' Community Building
Instructor: Shirley Horacek: bnshoracek@att.net;
(805) 929-1614

Special Events Volunteers

WANTED

If interested, please call
Pismo Beach Recreation at
805-773-7063

ADULT PROGRAMS

YOGA

Beginners and advanced students are welcome. This class teaches a combination of postures (asanas) that connect breath with movement (vinyasa). Creating strength, balance and flexibility in body and mind. Over time we will explore the differences of yang and yin yoga, and how together they balance our practice. Learn about energy flow, proper alignment, breath work (pranayama) and meditation. You will leave this class refreshed and relaxed. Finding a greater level of peace physically and emotionally. Prior yoga experience is suggested, but not required. Bring a mat and any needed props. Please arrive 5 minutes early to get settled.

Ages: 18+ or with parent/guardian
Days/Dates: Mondays/Wednesdays/Fridays from January 9th - May 12th
 *NO CLASS: Mon. 1/16, Mon 2/13, Mon. 2/20 and the week of 3/13 and Mon. 4/10
Time: Monday & Wednesday 6:00 – 7:00 PM; Friday 5:00 - 6:00 PM
Fee: \$5/class (pay at class)
Location: Shell Beach Veterans' Community Building
Instructor: Dan Hall

YOGA FOR EVERYbody!

This class is perfect for those just starting to explore yoga and those who love to begin again! Students will learn basic asana (poses), pranayama (breath work) and yoga nidra taught in a traditional Satyananda Yoga style, emphasizing awareness. This class helps to build a safe foundation for yoga practice. Those managing injury/illness/anxiety/stress will benefit from this foundational class. Accessible to people of all ages, shapes, sizes, physical abilities and limitations. The class is designed as a series that build on one's understanding each week. Students are encouraged to attend all sessions if possible for the most benefit. **Please bring a mat, cushion, and blanket to class!**

Ages: 14+
Days/Dates: Thursdays
 Session 1: Jan. 19th - March 9th
 Session 2: March 30th - May 18th
Time: 9:30 – 10:45 AM
Fee: \$60 per 8 week session or \$10 drop-in
Location: Shell Beach Veterans' Community Building
Instructor: Erika Eddy L.Ac., 215-3942, www.ErikaEddy.com

YOGA - RESTORE AND RELAX

This is a beginner level Satyananda Yoga style class with an emphasis on relaxation, awareness and rejuvenation. Each class will incorporate simple Hatha Asana (postures), Pranayama (breathing), and an 8 stage Yoga Nidra (conscious relaxation). All are welcome! This class is designed as a series that builds on one's understanding each week. Students are encouraged to attend all sessions if possible for the most benefit. **Please bring yoga mat, cushion and blanket to class.**

Ages: 14+
Dates: Tuesdays
 Session 1: Jan. 17th - March 7th
 Session 2: March 28th - May 16th
Time: 6:00 - 7:15 PM
Fee: \$60 per 8 week session or \$10 drop-in
Location: Shell Beach Veteran's Community Building
Instructor: Erika Eddy L.Ac., (805) 215-3942, www.ErikaEddy.com

NEW! QI GONG FOR LESS STRESS, MORE ENERGY and A FLEXIBLE BODY AND MIND!

The gentle movements of Qi Gong (pronounced "chi" gong) help to lower your stress, increase your flexibility and energy, and can even help with depression and joint pain.

Qi Gong, which means working with energy, is beneficial for everyone, from seniors to athletes. Accessible to all fitness levels, it combines gentle stretches, strengthening postures and flowing movements to help you to feel great both inside and out. Experience why millions of people worldwide practice these therapeutic movements!

Ages: All
Dates: Wednesdays
 Jan. 11th - Feb. 1st; Feb. 8th - March 1st; March 8th - 29th; April 5th - 26th
Time: 1:00 - 2:00 PM
Fee: \$20 per 4 week session or \$5 drop-in
Location: Shell Beach Veteran's Community Building
Instructor: Holly Padove



ZUMBA

Zumba is a dance-fitness class designed for everybody by mixing an interval style, calorie burning, party atmosphere! Latin and world rhythms make it exercise in disguise. This class is open to all levels, and will help participants let loose and achieve their health goals, all the while making exercise fun!

Ages: 18+
Days/Dates: Tuesdays & Fridays, beginning January 10th
 *NO CLASS, April 18th & 21st
Time: 9:30 - 10:30 AM
Fee: \$5 drop in/\$35 monthly
Location: Shell Beach Veteran's Community Building
Instructor: Kathleen Hill; brynkh@gmail.com; www.kathleenhill.zumba.com
 Kathleen has been a licensed Zumba instructor since 2008.



COLLETTE VACATIONS

Founded in 1918, Collette Vacations is the oldest major U.S. tour operator and has taken countless travelers around the globe on escorted vacations. When you travel with Collette, you'll find that these escorted tours are crafted to provide enriching cultural experiences, classic sightseeing, many included meals, and centrally-located accommodations that reflect that of the destination. For more information about Collette Vacations, please attend one of the travel presentations as listed below.

DISCOVER SWITZERLAND, AUSTRIA & BAVARIA - Sept. 7-Sept. 16, 2017

Set out to discover spectacular Switzerland, Austria and Bavaria: Ride the GoldenPass Panoramic Train from Montreux to Gstaad; walk the hills of the legendary, medieval Chateau de Chillon on Lake Geneva; witness the musical tradition of Austria during a Tyrolean folklore show; travel to Bavaria and see the famous Neuschwanstein Castle, spend the day exploring Salzburg's historic past and charming old town; and, explore delightful Bern on a sightseeing tour featuring the Bundeshaus.

Presentation: Thursday, February 16, 2017
Human Resources Conference Room,
Pismo Beach City Hall
RSVP to Pismo Recreation, 773-7063

Time: Noon to 1:00 PM



SPAIN'S CLASSICS - Feb. 24 - March 7, 2018

Immerse yourself in a colorful pageant of art, history and culture! Experience Madrid, Seville, Granada, Valencia, and Barcelona! Enjoy a walking tour of historic Valencia or explore the Lladro City of Porcelain; feel the energy at a flamenco performance in Seville; in Cordoba, take a tour of the Mezquita, a religious marvel; explore Madrid's Royal Palace, the official residence of the royal family; join a local expert for a tour of the world famous Alhambra palace; step back in time in Toledo, the former capital of the Spanish Empire; marvel at Antonio Gaudi's architectural masterpieces in Barcelona and get to know Seville's quant, old Santa Cruz Quarter.

Presentation: Thursday, February 16, 2017
Human Resources Conference Room,
Pismo Beach City Hall
RSVP to Pismo Recreation, 773-7063

Time: Noon to 1:00 PM

FACILITY RENTALS

PISMO BEACH VETERANS' HALL

780 Bello St.

Occupancy: 280 Dining, 600 Auditorium Seating



This facility is a perfect location for special occasions, meetings or any event requiring a large venue. Site amenities include: tables, chairs, stage, kitchen and a barbecue. This hall is also wheelchair and handicap accessible.



These facilities must be reserved in advance through our Facilities Coordinator, Vicki Davenport, at 773-7039 or vdavenport@pismo-beach.org. Visit our website at www.pismo-beach.org/halls for an application.

SHELL BEACH VETERANS' COMMUNITY BUILDING

230 Leeward St. (next to Library)

Occupancy: 100 Dining, 175 Auditorium Seating



This facility is a perfect location for special occasions or meetings. It's a quaint location in the heart of Shell Beach next to the library. The building is equipped with a kitchen, tables, chairs and a stage. This hall is also wheelchair and handicap accessible.

PISMO BEACH REGISTRATION FORM

NEW PARTICIPANT REGISTRATION FORMS

All new participants must completely fill out and sign the NEW PARTICIPANT REGISTRATION FORM (liability/medical/photo release) before participating in any City program.

RETURNING PARTICIPANT REGISTRATION FORMS

All returning participants must complete a simple RETURNING PARTICIPANT REGISTRATION FORM (liability/medical/photo release) with each subsequent registration payment.

MEDICAL AND LIABILITY RELEASE

Signatures must be on all registration (liability/medical/photo release) forms before participant will be allowed to participate in any City program. Parents or guardians may sign one form for up to four children.

SPACE RESERVATION

Registration is accepted on a first received, first handled basis. Registration is by payment only.

REFUND AND CANCELLATION POLICY

A minimum number of participants are required to hold classes and take trips. Where registration is below the minimum the Recreation Division reserves the right to cancel the program with participants receiving a full refund. It is highly recommended that you pre-register as early as possible to avoid programs being cancelled due to a lack of enrollment. Refunds are provided only if the class is cancelled. Refunds are not provided for illness, change of plans or any other reason. "Credits" or "Exchanges" are also not accepted.

EMERGENCY SITUATIONS

At the discretion of the Recreation Division a refund may be given. If a check is processed a \$5 fee will be charged to cover expenses. If an account credit is given, a \$1 fee will be charged.

ONLINE REGISTRATION

Online registration opens 2 to 5 days before walk-in registration, which means participants who register online receive first priority. Only credit cards are accepted online.

DROP OFF OR MAIL-IN REGISTRATION

The Recreation Division is located in City Hall at 760 Mattie Road (east side of Highway 101 next to F. McLintocks in Pismo Beach.) The office is open for registration Monday through Friday, 8 a.m. to 5 p.m.

**CITY OF PISMO BEACH
PARTICIPANT REGISTRATION AND LIABILITY, MEDICAL & PHOTO RELEASE FORM**
This Form Must Be Completely Filled Out or May Be Returned Without Being Processed

RESPONSIBLE PARTY:

Last Name, First _____ Address _____
City/Zip _____ Home Phone _____ Alternate Phone _____
Email Address _____

PARTICIPANT INFORMATION:

Last Name, First _____ Date of Birth ____ / ____ / ____

Male or Female (*circle one*) Returning or New (*circle one*)

Program Name _____ Date(s) _____ Fee \$ _____

TOTAL AMOUNT DUE \$ _____ PAYMENT METHOD [] Check # _____ [] Cash _____ (*staff initials*)

Checks Must Be Payable to: City of Pismo Beach

LIABILITY, MEDICAL & PHOTO RELEASE - Please read carefully before signing.:

The undersigned agrees to hold the City of Pismo Beach and any officers, agents, employees, and volunteers thereof harmless from any claim for injury or accident to the above named arising out of or in any way connected with the named activity. I recognize that this recreation program may have some inherent risks and I accept the responsibility to identify those risks and accept them. In case of an accident arising out of the named activity, medical assistance may be administered to the person named herein. Registration form will act as medical release. I understand that no medical insurance is provided, and that staff are not medical professionals and are not trained to diagnose, monitor or treat medical conditions, whether pre-existing or caused by participation in named activity. I also understand that The City of Pismo Beach reserves the right to use any photos or videos of participants taken by our staff in our programs and facilities as promotional material for future brochure publications, flyers, web site postings, and any other media opportunity, and I understand I will not receive compensation for the use of any photos or videos. If participant is under 18, parent or guardian must sign release.

SIGNATURE _____ **PARKS MAKE LIFE BETTER!** DATE _____

City of Arroyo Grande
with City of Grover Beach,
City of Pismo Beach,
& Nipomo
1221 Ash Street
Arroyo Grande, CA 93420

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**INVITATION TO JOIN US FOR THE THIRD ANNUAL
COPA CABANA BEACH SOCCER TOURNAMENT
SATURDAY AND SUNDAY JUNE 3,4 2017**

OPEN TO ALL TEAMS U-8 TO U-19, AND ADULTS

**FOR INFORMATION AND REGISTRATION
WWW.COPACABANASPORTS.COM
HOTLINE (949) 294-2989**

ENTRY FEE \$395

